

**SUGGESTED USE** Consume one or more capsules daily or as recommended by your physician. For best results take this product with food, preferably a complete meal. **For questions about the use of this product call 800.332.7799.**

**FOR OVER 40 YEARS**  
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*We Remain Uniquely Committed  
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# LIVER ANTI-OXIDANT EXTRACTS™

Milk Thistle (Silymarin & Silybins)  
Turmeric (Curcumin) | Artichoke



Dietary Supplement | **240** Easy-to-Swallow Capsules

**Andrew Lessman's LIVER ANTI-OXIDANT EXTRACTS** is a unique blend of plant extracts and nutrients formulated for optimum liver health. It includes Milk Thistle, Turmeric and Artichoke extracts, each standardized for their most beneficial compounds. The liver is our largest and perhaps our hardest working organ, laboring constantly to maintain a healthy internal environment. The liver processes all alcohol, drugs and chemicals that enter our body, while metabolizing cholesterol, fat, sugar and protein. In short, good health requires a healthy liver. This formula begins with our unique Milk Thistle extract standardized for high levels of Silymarin in the form of a highly active Phospholipid Complex. Silymarin has been valued and respected for centuries and has now been clinically shown to help protect liver cells from damage while also promoting the liver's natural regenerative capacity. Our Milk Thistle is enhanced by specifically standardizing it for Silymarin's most active and important components, Silybins. We then add our activated Curcumin Phospholipid Complex with its enhanced absorption of its high levels of protective Curcuminoids. Like Milk Thistle, Turmeric possesses a myriad of protective, regenerative and detoxifying benefits for the liver. Lastly, we add Artichoke extract standardized for Cynarin, as well as key B-vitamins to ensure the liver has all the protection and support it needs to perform its vital work.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO ADDITIVES OR  
COMMON ALLERGENS OF ANY KIND**

## Supplement Facts

Serving Size 1 Capsule	Servings Per Container 240	
Amount Per Serving	%DV*	
Pantothenic Acid (as calcium pantothenate)	5 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	294%
Vitamin B12 (as methylcobalamin - protected Coenzyme B12)	25 mcg	1,042%
Silymarin Phospholipid Complex (Milk thistle, 80% extract (fruit/seed) and phospholipids)	200 mg	†
Total Silymarin	135 mg	
Total Silybins	60 mg	
Curcumin Phospholipid Complex (Turmeric, 95% extract (root) and phospholipids)	100 mg	†
Total Curcuminoids	38 mg	
Artichoke, extract (leaf) standardized to 2.5% cynarin	100 mg	†

\* Percent Daily Values (%DV) are based on a 2,000 calorie diet.  
† Daily Value not established.

Other Ingredients. Gelatin capsule, Proprietary Protective Methyl B12 Matrix.