

**SUGGESTED USE** Consume one or more capsules daily or as recommended by your physician. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle, along with a daily multi-vitamin-mineral formula. **For questions about the use of this product call 800.332.7799.**

# GAMMA VITAMIN E

400 MG TOTAL TOCOPHEROLS

315 MG GAMMA TOCOPHEROL



DIETARY SUPPLEMENT



180 Easy-to-Swallow Capsules

**Andrew Lessman's GAMMA VITAMIN E** is a unique, high potency Vitamin E formula focusing on the most protective form of Vitamin E – **Gamma Tocopherol**. It is all natural and far different from Vitamin E formulas found in stores, because it contains the most beneficial form of Vitamin E and also includes all four naturally-occurring tocopherols. For decades, Vitamin E has been among the most popular formulas to compensate for the low levels of Vitamin E in the typical American diet. Unfortunately, typical Vitamin E supplements only make matters worse, since they contain less active and synthetic forms of Vitamin E. **Gamma Tocopherol** is the most protective form of Vitamin E in nature, yet is absent from typical store-bought Vitamin E formulas. The unfortunate result is that most Americans unwittingly consume Vitamin E supplements that bear no resemblance to the Vitamin E in food. Our **Gamma Vitamin E**, on the other hand, provides 400 mg of all four natural Tocopherols (Alpha, Beta, Gamma and Delta), including more than 300 mg of all-important **Gamma Tocopherol** – Mother Nature's preferred and most protective form of Vitamin E. To assure you the greatest benefits possible, we enhance our Gamma Vitamin E with the unique balance of plant-based Omega-3 fatty acids from Ahiflower® Oil.

Ahiflower® is a registered trademark of Technology Crops, LLC.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO** Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, cholesterol, color, preservative, common allergens or manufacturing additives.

**CONTAINS NO ADDITIVES OF ANY KIND**

## Supplement Facts

Amount Per Serving		Serving Size 1 Softgel
		Servings Per Container 180
		%DV*
Vitamin E (total natural tocopherols)	400 mg	†
as natural d-gamma tocopherol	315 mg	
as natural d-alpha tocopherol	67 mg (100 IU)	447%
as natural d-delta/d-beta tocopherol	20 mg	
Total Omega Fatty Acids	53 mg	†
(from Ahiflower® Oil B. arvensis seed)		
ALA - Alpha-Linolenic Acid (Omega-3)	34-40 mg	
SDA - Stearidonic Acid (Omega-3)	14-18 mg	
GLA - Gamma-Linolenic Acid (Omega-6)	3-7 mg	

\* Percent Daily Value (%DV) based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Soft-gelatin capsule (Gelatin, purified water, glycerin).

### UNSURPASSED.

Purity. Quality. Integrity.  
Effectiveness.

Andrew Lessman  
Founder of ProCaps Labs



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