

SUGGESTED USE Consume one or more capsules daily or as recommended by your physician. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle, along with a daily multi-vitamin-mineral formula. **For questions about the use of this product call 800.332.7799.**

COMPLETE TOCOTRIENOLS with GAMMA VITAMIN E™

COMPREHENSIVE • BALANCED
NATURAL VITAMIN E COMPLEX



PROCAPS
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ALL-SOLAR
MANUFACTURING

240 Easy-to-Swallow Capsules

Andrew Lessman's COMPLETE TOCOTRIENOLS is the most comprehensive Vitamin E formula possible delivering the full complement of all eight naturally occurring forms of Vitamin E – both the well-known Tocopherols and the hard-to-find Tocotrienols. Our **Complete Tocotrienols** is a naturally balanced formula containing high levels of Vitamin E as Alpha, Beta, Gamma and Delta **Tocotrienol**; as well as Alpha, Beta, Gamma and Delta **Tocopherol**. Our **Complete Tocotrienols** is uniquely balanced to focus on Gamma Tocotrienol and Gamma Tocopherol – by far the most active and protective forms of Vitamin E. Unfortunately, most Tocopherol-based Vitamin E supplements ignore Mother Nature's blueprint by delivering Alpha Tocopherol only (often synthetic) and absolutely no Gamma Tocopherol or Tocotrienol at all. Even more advanced Tocotrienol supplements reduce their efficacy and benefits with high levels of Alpha Tocopherol. Sadly, most Americans unknowingly use ineffective Vitamin E supplements that ignore the research and bear no resemblance to the Vitamin E found in nature. Our **Complete Tocotrienols** is both perfectly comprehensive and ideally balanced focusing on Mother Nature's most beneficial and protective forms of Vitamin E that are sadly, absent from typical Vitamin E supplements. It is difficult to achieve an adequate intake of Vitamin E from foods, but it is even more difficult to find a Vitamin E supplement like our **Complete Tocotrienols** that respects your needs and Mother Nature's clear blueprint. To assure you the greatest benefits possible, we enhance our pure, natural Complete Tocotrienols with the unique balance of plant-based Omega-3 fatty acids from Ahiflower® Oil. Ahiflower® is a registered trademark of Technology Crops, LLC.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS OF ANY KIND.

Supplement Facts

Amount Per Serving	Serving Size 1 Softgel	Servings Per Container 240	%DV*
Natural Vitamin E Complex	210 mg		†
Total Natural Tocotrienols	70 mg		
as natural d-gamma tocotrienol	35 mg		
as natural d-alpha tocotrienol	25 mg		
as natural d-delta/d-beta tocotrienol	10 mg		
Total Natural Tocopherols	140 mg		
as natural d-gamma tocopherol	100 mg		
as natural d-alpha tocopherol	34 mg (50 IU)		227%
as natural d-delta/d-beta tocopherol	6 mg		
Total Omega Fatty Acids (from Ahiflower® Oil B. arvensis seed)	74 mg		†
ALA - Alpha-Linolenic Acid (Omega-3)	45 - 52 mg		
SDA - Stearidonic Acid (Omega-3)	18 - 23 mg		
GLA - Gamma-Linolenic Acid (Omega-6)	4 - 9 mg		

* Percent Daily Value (%DV) are based on a 2,000 calorie diet. † DV not established.

Other Ingredients: Soft-gelatin capsule (Gelatin, purified water, glycerin).



UNSURPASSED.
Purity. Quality. Integrity.
Effectiveness.

Andrew Lessman
Andrew Lessman
Founder of ProCaps Labs

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