

SUGGESTED USE Consume one or more capsules daily or as recommended by your physician. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle. **For questions about the use of this product call 800.332.7799.**

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Manufactured by ProCaps Labs, Henderson, NV 89011



ANDREW LESSMAN



LUTEIN 12™

12 mg Natural Lutein
600 mcg Zeaxanthin



Dietary Supplement | **360** Easy-to-Swallow Capsules

Andrew Lessman's LUTEIN 12 is an ultra-high potency source of Lutein – a powerful, protective carotenoid that experts consider absolutely essential to healthy vision. Diets rich in Lutein have long been associated with superior eye health; and more recently brain health. Lutein is most highly concentrated in the retina and macula of the eye where its unique structure allows it to protect these delicate tissues from high-energy radiation and oxidation. Lutein, along with Zeaxanthin, are so highly concentrated in the retina and macula that they provide both its color and its name, since the Latin name for the macula is the *macula lutea* or yellow spot. Lutein, along with Zeaxanthin, are referred to as Optical Pigments, since they play a key role in the eye's visual systems promoting visual acuity (sharpness of vision), protective optical filtration, as well as visual processing speed. Lutein should be at the top of any list of ingredients that protect our eyes from a lifetime of normal age-related changes. Substantial recent research has also shown that Lutein levels are associated with superior cognitive function, memory and verbal fluency as we age. Unfortunately, the body cannot produce Lutein and the typical American diet provides very little, which makes supplementation the only viable option to provide our eyes and brain adequate amounts of these essential protective nutrients.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS

Supplement Facts

Serving Size 1 Softgel		Servings Per Container 360
Amount Per Serving		
Lutein	12 mg (12,000 mcg) †	
Zeaxanthin Complex	600 mcg	
Omega-3 from Ahiflower® Oil (B. arvensis seed)	94-111 mg †	
ALA (alpha-linolenic acid)	67-77 mg	
SDA (stearidonic acid)	27-34 mg	
† Daily Value not established.		

Ahiflower® is a registered trademark of Technology Crops, LLC.
Other Ingredients: Soft-gelatin capsule (Gelatin, purified water, glycerin).
CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.
Always Wear UV-Protective Sunglasses Outdoors