

SUGGESTED USE Consume one capsule with each meal or significant snack containing carbohydrate or sugar (immediately before, during or immediately after eating) or as recommended by your physician. There is no need to consume more than four capsules daily. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle. **For questions about the use of this product call 800.332.7799.**

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WHITE MULBERRY LEAF

Standardized to 1-deoxynojirimycin

Healthy Blood Sugar Balance
Glucose and Insulin Metabolism



Dietary Supplement | **360** Easy-to-Swallow Capsules

Andrew Lessman's **WHITE MULBERRY LEAF** offers a targeted extract of **White Mulberry Leaf** standardized to deliver a 5% extract of the natural iminosugar 1-deoxynojirimycin. As one of the oldest traditional Chinese remedies, it should come as no surprise that modern science would one day recognize the health benefits of **White Mulberry Leaf**. In Asia, its leaves have been prized for centuries for their health-promoting properties. More recently, **White Mulberry Leaf** has received scientific recognition for its unique ability to support healthy blood sugar balance, as well as healthy glucose and insulin metabolism. These benefits result from its apparent ability to reduce the breakdown and absorption of dietary sugars and carbohydrate. Clinical research attributes these benefits to **White Mulberry Leaf's** high levels of the iminosugar 1-deoxynojirimycin; however, these benefits require more than simply consuming dried **White Mulberry** leaves or pills, but instead require a standardized extract of **White Mulberry Leaf** targeting high levels of 1-deoxynojirimycin. In short, if the extract is not specifically standardized to deliver high levels of this naturally occurring iminosugar compound then there is no way to expect or insure any benefits.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 360

Amount Per Serving

White Mulberry (*Morus alba*), extract (leaf) 250 mg †
standardized to 5% 1-deoxynojirimycin

† Daily Value not established.

Other Ingredients: Gelatin capsule.

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.