

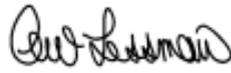
SUGGESTED USE Consume one or more capsules daily or as recommended by your physician. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle. **For questions about the use of this product call 800.332.7799.**

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PHYTOCERAMIDES

Naturally Enhances Skin Moisture

320 mg Phytoceramide Complex | 500 mcg Biotin



Dietary Supplement | **240** Easy-to-Swallow Capsules

Andrew Lessman's PHYTOCERAMIDES provide a concentrated source of plant-based Ceramides – lipid-based molecules principally responsible for our skin's ability to retain its moisture, as well as that of the entire body. Ceramides are the critical, moisture-preserving ingredients present in the stratum corneum of the epidermis of our skin. By creating a protective barrier in our skin, they retain our body's vital internal moisture, **Phytoceramides** are an effective tool for promoting radiant, soft, smooth and supple skin. Ceramides also defend our skin from damaging external factors and are an essential part of the skin's normal growth and repair processes. Unfortunately, aging results in reduced Ceramide levels, which contributes to dry, rough, irritated skin, as well as age-related wrinkles resulting from a loss of moisture-based skin elasticity. A **Phytoceramide** supplement is nothing more than a common sense response to age-related changes in the composition of our skin. Billions of dollars are spent each year on external moisturizers, but the most intelligent skin moisture program must begin on the inside where moisture is most effectively delivered and retained. The outside world may rob our skin of its precious moisture, but **Phytoceramides** provide Mother Nature's most effective internal moisturizer to promote radiant, healthy and hydrated skin. We also include 500 mcg of Biotin to ensure foundational levels of our skin's most essential beauty nutrient.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OF ANY KIND

Supplement Facts

Serving Size 1 Softgel	Servings Per Container 240	
Amount Per Serving	%DV*	
Biotin	500 mcg	1,667%
Phytoceramide Complex (gluten-free non-GMO wheat-derived extract) (standardized to ceramides and glucosylceramides 3-6%)	320 mg	†

* Percent Daily Value (%DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients. Soft-gelatin capsule (Gelatin, purified water, glycerin).