**SUGGESTED USE** Consume one to three capsules daily or as recommended by your physician. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle. For questions about the use of this product call 800.332.7799.

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Andrew Lessman's TAURINE 600 is a pure, high potency source of the amino acid Taurine, which is best described as the most important amino acid you likely have never heard of. Taurine is found in all body tissues and there is virtually no organ or system that is not positively impacted by its presence. Taurine is most highly concentrated in critical tissues of the heart, blood cells, muscles, brain, liver, ear and retina of the eye. Taurine provides protective, stabilizing benefits to cell membranes throughout the body supporting the management and movement of essential ions, such as Calcium, Magnesium, Sodium and Potassium. **Taurine** supports heart and cardiovascular health through numerous mechanisms, including its positive influence on healthy blood pressure and vascular function. **Taurine** also provides protective benefits to the hard-working tissues of the liver. Taurine has been recognized for the protective benefits it provides to the retina of the eye and the delicate structures of the ear. Given its diverse benefits, it is not surprising that population studies have associated Taurine intake with healthy longevity. Taurine's best sources are meat and seafood; however,

even a typical diet rich in those foods only provides low levels of **Taurine** making supplementation the best means of achieving its many benefits. **Taurine** may be the least known of amino acids, but that will likely not last long given its long list of unique and exceptional benefits.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## **CONTAINS NO ADDITIVES OF ANY KIND**

Supplement Facts Serving Size 1 Capsule Servings Per Container 360		
Amount Per Serving		%DV
Taurine (as L-Taurine base)	600 mg	†
† Daily Value not established.		
Other Ingradianta, Calatin cancula		

Other Ingredients: Gelatin capsule

**CONTAINS NO** Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or manufacturing additives.

Manufactured by ProCaps Labs, Henderson, NV 89011

Dietary Supplement | **360** Easy-to-Swallow Capsules