

SUGGESTED USE Consume at least two capsules daily with food or as recommended by a health care professional. According to clinical studies, optimum results are achieved by consuming the contents of one packet (five capsules) daily, preferably with meals. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle, along with a daily multi-vitamin-mineral formula. **For answers to questions about the use of this product, call 800.808.7311.**

ALL SULFATE · SODIUM-FREE · ULTRA-MILD

COMPLETE JOINT EFFORT.

1,500MG GLUCOSAMINE SULFATE

1,200MG CHONDROITIN SULFATE



DIETARY SUPPLEMENT



60 Perma-Fresh Packets™ • 300 Easy-to-Swallow Capsules

Andrew Lessman's COMPLETE JOINT EFFORT is a **Sodium-Free** formula providing the optimum potency and the ideal forms (**All Sulfate**) of the most essential ingredients for the maintenance and repair of healthy joint tissue. This unique formula begins with clinically-established levels and ideal forms of the most well-researched natural ingredients for joint health: **Glucosamine Sulfate** (1,500 mg) and **Chondroitin Sulfate** (1,200 mg). Glucosamine and Chondroitin have been the subject of thousands of published articles and extensive international recognition; however, they are not medicines to treat joint ailments, but more importantly represent the vital molecules that comprise the unique structure of all joint tissue – healthy or not. Moreover, the benefits of Glucosamine and Chondroitin have also been shown to extend beyond our joints and are also essential for the resiliency of other “elastic” tissues in the body, such as the skin, arteries, veins and heart valves. Glucosamine Sulfate has long been viewed as the first line of natural defense for joint tissues, but unlike ordinary joint products, we refuse to use cheap and unproven Glucosamine HCl (Hydrochloride). We only use the form of Glucosamine established in the scientific literature – Glucosamine **Sulfate**. We also use uniquely Sodium-Free Chondroitin Sulfate, which eliminates the risks of added Sodium and instead provides the benefits of 80 mg of essential Calcium. Sadly, typical joint products use inferior sources of both Glucosamine and Chondroitin, which do not possess the benefits of the research-established Glucosamine Sulfate while common Sodium Chondroitin Sulfate can adversely affect blood pressure and heart health by delivering unwanted Sodium. Glucosamine and Chondroitin are the very “bricks and mortar” of our joints, without which our body cannot create, maintain and repair joint tissue. By providing these two essential structural molecules in their optimum forms and at their ideal potencies, we deliver maximum benefits to joint structure, health and function. Our joints never cease working and our uniquely formulated **Complete Joint Effort** delivers the proper tools at their proven levels and in their ideal forms to help us combat the consequences of a lifetime of wear and tear. Our **Complete Joint Effort** is uniquely **All Sulfate, Sodium-Free and Additive-Free** making it unlike any joint product in the world.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, starch, fat, cholesterol, oil, emulsifier, wax, binder, filler, excipient, lubricant, coating, diluent, flowing agent, color, flavor, sweetener or preservative.

CONTAINS NO ADDITIVES OF ANY KIND.

THE PERFECT PACKET.

The Perma-Fresh Purple Packet. The Only Packet Worthy of Our 100% Pure Products.



Our Purple Packet is our most advanced packet ever, offering even more protection than our original Foil Packet. To retain potency, vitamins must be protected from light, moisture and oxygen and the ordinary clear packets used with typical vitamins cannot do so. Our unique Purple Packets are constructed from multiple layers of specialized materials to safeguard your vitamins from damaging light, moisture and oxygen. For decades, our Foil Packets set the standard for vitamin protection and today, our Perma-Fresh Purple Packet takes that protection to the highest levels, giving your vitamins the special protection they deserve.

Supplement Facts

Serving Size 1 Packet (5 Capsules)	Servings Per Container 60	
Amount Per Serving		%DV*
Vitamin C (as ascorbyl palmitate)	10 mg	11%
Calcium (from calcium chondroitin sulfate)	80 mg	6%
Potassium (from potassium glucosamine sulfate)	230 mg	5%
Glucosamine Sulfate	1,500 mg	†
as Potassium Glucosamine Sulfate	2,000 mg	
Chondroitin Sulfate (from calcium chondroitin sulfate)	1,200 mg	†

* Percent Daily Values (%DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Gelatin capsule. **CONTAINS** an ingredient derived, purified and refined from the shells of shellfish (shrimp, crab and crawfish)

UNSURPASSED.
Purity. Quality. Integrity. Effectiveness.

Andrew Lessman
Andrew Lessman
Founder of ProCaps Labs

THIS PRODUCT IS ONLY AVAILABLE FROM



www.HSN.com
800.944.9999



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