SUGGESTED USE Consume one capsule daily with food - preferably a complete meal. ESSENTIAL ONE is designed for those who seek a pure and mild, yet high potency, single capsule daily multi-vitamin-mineral that also supplies higher levels of Vitamin D3. This product is most effective as part of a healthy diet and active lifestyle. For answers to questions about the use of this



THIS PRODUCT IS ONLY AVAILABLE FROM



WWW HSN COM 800 944 9999

606427-03H

PROCAPSI ARS COM 800.800.1200



©2019 PROCAPS LAB HENDERSON, NV 89011 1000 IU VITAMIN D3



250 MCG METHYL B12 · 500 MCG BIOTIN

ULTRA-HIGH POTENCY ONE CAPSULE DAILY

ALWAYS GENTLE · EASY-TO-SWALLOW

360 Easy-to-Swallow Capsules

Andrew Lessman's ESSENTIAL ONE is an alternative to the low potency, artificial colors, additives and digestive problem experienced with typical store-bought daily multivitamins. course, no single capsule can offer all the potency required the science; however, no formula delivers more than Essenti One while also remaining 100% pure, easy-to-swallow an gentle to even sensitive stomachs. Essential One deliver 1,000 IU of all-important Vitamin D3 for those seeking high levels of this key nutrient. It also provides far higher levels key nutrients than the leading formulas, such as high potencie of all the B-Complex vitamins, including 250 mcg of our uniqu absorption-protected Methylcobalamin (Natural Coenzym Vitamin B12) and 500 mcg of Biotin, along with 1,000 mcg both Lutein and Lycopene: plus, 500 mcg of costly Zeaxanth and 60 mg (90 IU) of our new highly bioavailable, natura Crystalline Vitamin E. All of these unique nutrients are no present in most multivitamins at any price. Essential One offer all the convenience of a one-per-day multivitamin, but wit greater purity, higher potency and a superior complement more than two dozen nutrients. Best of all. Essential On comes in a small, soft, easy-to-swallow capsule that ensure easy absorption without stomach upset.

These statements have not been evaluated by the Food and Drug Administration. This product is not intend to diagnose, treat, cure or prevent any disease. CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, co preservative, common allergens or manufacturing additives.

CONTAINS NO ADDITIVES OF ANY KIND.

Vitamin D3 (as cholecalciferol) 25 mcg (1,000 IU) Vitamin B1 (as natural Crystalline Vitamin B1 (as thiamin hydrochloride) 0 mg (90 IU) Vitamin B1 (as thiamin hydrochloride) 10 mg Vitamin B2 (as riboflavin) 10 mg Niacin (as niacinamide/ chromium nicotinate) 20 mg Pantothenic Acid (as calcium pantothenate) 20 mg Vitamin B6 (as pyridoxine hydrochloride) 10 mg Vitamin B12 (as methylcobalamin - protected Coenzyme B12) 250 mcg 10. Foliate Complex 533 mcg DFE (200 mcg folic acid) Biotin 500 mcg 1. Calcium (as calcium carbonate/ ascorbate) 100 mg Magnesium (as magnesium oxide) 50 mg Zinc (as zinc oxide) 15 mg Zinc (as zinc oxide) 20 mcg. Selenium (as sodium selenite) 200 mcg. Copper (as copper oxide) 2 mg (2,000 mcg) Chromium (as chromium nicotinate) 200 mcg. Molyddenum (as molyddenum glycinate) 75 mcg. Boron (as potassium borate) 50 mcg Vanadium (as vanadyl sulfate) 50 mcg Vanadium (as vanadyl sulfate) 50 mcg	%DV [*]
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Selenium (as sodium selenite) 200 m gg Copper (as copper oxide) 2 mg (2,000 m gg) Manganese (as manganese sulfate) 2 mg (2,000 m gg) Chromium (as chromium nicotinate) 200 m gg Molybdenum (as molybdenum glycinate) 75 m gg Boron (as potassium borate) 200 m gg Vanadium (as vanadyl sulfate) 50 m gg Lutein 1 mg (1,000 m gg) Lycopene 1 mg (1,000 m gg) Zeaxanthin Complex 500 m gg Branched Chain Amino Acids (Leucine, Valine) 5 mg	129
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Boron (as potassium borate) 200 mcg Vanadium (as vanadyl sulfate) 50 mcg Lutein 1 mg (1,000 mcg) Lycopene 1 mg (1,000 mcg) Zeaxanthin Complex 500 mcg Branched Chain Amino Acids (Leucine, Valine) 5 mg	5719
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Silicon (as silicon dioxide) 3 mg	†

Other Ingredients: Gelatin capsule, Proprietary Protective Methyl B12 Matrix,