

**SUGGESTED USE** Consume one or more capsules daily or as recommended by your physician. For best results consume with food, preferably a complete meal containing a small amount of fat. As with any dietary supplement, this product is most effective when used as part of a healthy diet and active lifestyle, along with a daily multi-vitamin-mineral formula. **For questions about the use of this product call 800.808.7311.**

# LYCOPENE 10™

**10 MG ALL-NATURAL LYCOPENE**  
**PROTECTIVE ANTI-OXIDANT CAROTENOID**



DIETARY SUPPLEMENT



360 Easy-to-Swallow Capsules

**Andrew Lessman's LYCOPENE 10** provides high levels of the powerful, anti-oxidant carotenoid Lycopene in its natural form. Lycopene is a colorful pigmented anti-oxidant, which is principally found in red and orange fruits and vegetables, such as tomatoes, watermelon, papaya and grapefruit. Lycopene is an extremely powerful, fat-soluble anti-oxidant that protects a wide variety of lipid-based tissues and organs from free-radical damage. Lycopene is of particular importance to women because it is highly concentrated in breast tissue, thereby protecting these delicate tissues from oxidative damage. Mother Nature does not play favorites, since Lycopene is equally important to men because it is the most abundant protective anti-oxidant present in the prostate gland. Preliminary research suggests that Lycopene's anti-oxidant benefits help protect the prostate from oxidative free radicals and support normal prostate function. As the major carotenoid found in tomatoes, Lycopene is one of the primary nutrients associated with the healthy Mediterranean diet and in helping to protect the cardiovascular system. Some scientific evidence suggests that consumption of Lycopene may reduce the risk of arterial changes that are associated with heart disease – the evidence is limited and not conclusive. Lycopene cannot be produced by the body, so its benefits are only delivered by food or supplements. Sadly, most Americans acquire relatively little Lycopene because of our low consumption of fruits and vegetables. **Lycopene 10** provides many times more Lycopene than is found in the leading multivitamins, to deliver powerful anti-oxidant protection and support the health of a broad range of body tissues.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO ADDITIVES OR COMMON ALLERGENS OF ANY KIND.**

## Supplement Facts

Serving Size 1 Softgel

Servings Per Container 360

### Amount Per Serving

Lycopene	10 mg	†
Alpha-Linolenic Acid (Omega-3)(from flaxseed oil)	75 mg	†

† Daily Value not established.

Other Ingredients: Soft-gelatin capsule (Gelatin, purified water, glycerin).



www.HSN.com  
800.944.9999



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800.345.1515

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