

SUGGESTED USE Consume one or two capsules immediately before, during or after each meal or snack. Minimum daily dosage is 2 capsules and there is no increased benefit from taking more than 6 capsules daily. This product is most effective when used as part of a low cholesterol, fiber-rich diet or when consumed with our natural **Fibermucil**. **For questions about the use of this product, call 800.332.7799.**

FOR OVER 40 YEARS
Unsurpassed Purity, Quality and Efficacy

100% SOLAR PRODUCTION | ZERO CARBON FOOTPRINT



Andrew Lessman
Andrew Lessman, Founder

QUESTIONS? | REORDERS?
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Manufactured by ProCaps Labs, Henderson, NV 89011



ANDREW LESSMAN



CHOLESTACARE™

Natural Cholesterol Management

Natural Plant Sterols
Helps Reduce Total Cholesterol Levels
and LDL Cholesterol Levels



Dietary Supplement | **360** Easy-to-Swallow Capsules

Andrew Lessman's CHOLESTACARE is an effective, natural formula providing our unique phytosterol blend, designed to support heart health by helping to naturally reduce Total and LDL Cholesterol levels. Medical experts recognize that Total Cholesterol and LDL (Low Density Lipoprotein) Cholesterol levels are important indicators of our heart disease risk. The FDA has long recognized that Phytosterols, like those in **CholestaCare**, provide a natural means of lowering Total and LDL Cholesterol and thereby supporting heart health. Although naturally present in healthy foods, most Americans do not consume sufficient amounts of plant sterols necessary to reduce their Cholesterol levels. On the other hand, most Americans consume foods rich in saturated fats and cholesterol, which can increase Total and LDL Cholesterol levels and cardiovascular risk. Scientific evidence establishes that adding plant sterols to the diet helps to lower Total and LDL Cholesterol levels, thereby promoting heart health. *According to the FDA, consuming at least 400 mg of plant sterols twice daily with meals for a daily total intake of at least 800 mg, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A capsule of CholestaCare supplies 400 milligrams of plant sterols.* Of course, any intelligent approach to heart health involves more than simply consuming **CholestaCare** and should also include a sensible diet, exercise and weight management under the guidance of a health care professional.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO COMMON ALLERGENS

Supplement Facts

Serving Size 2 Capsules Servings Per Container 180

Amount Per Serving

CholestaCare™	800 mg	†
Proprietary Sterol Blend		

† Daily Value not established.

Other Ingredients: Gelatin capsule, Leucine and Silicon Dioxide.

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or genetically modified (GMO) ingredients.