

**SUGGESTED USE** Consume one or two capsules early in your day or as recommended by a health care professional. As with any dietary supplement, this product is most effective when used as part of a healthy diet and active lifestyle, along with a daily multi-vitamin-mineral formula. **For answers to questions about the use of this product, call 800.808.7311.**

**CAUTION** This product contains a small amount of natural caffeine-related compounds and is not intended for children or those sensitive to caffeine. Pregnant or nursing women and those with a medical condition should consult a healthcare professional before use.



**UNSURPASSED.**  
Purity. Quality. Integrity.  
Effectiveness.

*Andrew Lessman*  
Andrew Lessman  
Founder of ProCaps Labs

THIS PRODUCT IS ONLY AVAILABLE FROM

**HSN**  
www.HSN.com  
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PROCAPSLABS.COM  
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# A.M. ACTIVATOR™

MORNING METABOLIC SUPPORT  
CELLULAR ACTIVATORS · LIPOTROPIC FACTORS



**PROCAPS LABORATORIES**



180 Easy-to-Swallow Capsules

**Andrew Lessman's A.M. ACTIVATOR** is designed as a safe and healthy means of maintaining energy levels while stimulating and supporting fat-burning metabolism without the potentially dangerous Ephedrine-containing herb, Ma Huang. **A.M. Activator** contains thermogenic herbs and natural cellular activators to jump-start your metabolism and facilitate your fat-loss goals. It contains standardized extracts with a history of traditional use in many cultures for promoting energy and a sense of well-being. To further support your weight-loss goals by fighting fatigue and providing calming benefits, we include standardized extracts of **Panax (Asian) Ginseng**, **Eleutherococcus (Eleuthero)**, and **Ashwagandha** – adaptogenic herbs with a history of traditional use going back thousands of years. In addition, **A.M. Activator** supplies **Chromium** to support healthy carbohydrate metabolism and the **B-Complex** vitamins to maintain energy production and fat metabolism. Most importantly, we add **Acetyl L-Carnitine** given its central role in all fat-burning metabolism. No fat can be burned without Carnitine transporting it to the location within each cell where it is burned. We also add Carnitine's natural precursors, **Lysine** and **Vitamin C** to promote optimum endogenous production of Carnitine. The investment and sacrifice we make when dieting and exercising deserve the best results and the unique combination of ingredients in **A.M. Activator** is designed to safely and gently jump-start fat and energy metabolism.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO ADDITIVES OR COMMON ALLERGENS OF ANY KIND.**

<b>Supplement Facts</b>		Serving Size 1 Capsule
		Servings Per Container 180
Amount Per Serving		%DV*
Vitamin C (as calcium ascorbate)	60 mg	67%
Vitamin B1 (as thiamin hydrochloride)	5 mg	417%
Vitamin B2 (as riboflavin)	5 mg	385%
Niacin (as niacinamide/chromium nicotinate)	5 mg	31%
Pantothenic Acid (as calcium pantothenate)	20 mg	400%
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	294%
Vitamin B12 (as methylcobalamin - protected Coenzyme B12)	100 mcg	4,167%
Folate Complex (as L-methylfolate/folic acid)	33 mcg DFE (12.5 mcg folic acid)	8%
Magnesium (as magnesium oxide)	20 mg	5%
Chromium (as chromium nicotinate)	50 mcg	143%
Boron (as boron glycinate)	50 mcg	†
L-Lysine Hydrochloride	50 mg	†
L-Carnitine (as acetyl-L-carnitine hydrochloride)	100 mg	†
Guarana, extract (seed) standardized to 22% caffeine alkaloids	150 mg	†
Green Tea, extract (leaf) standardized to 25% polyphenols and 20% caffeine	50 mg	†
Eleuthero, extract (root) standardized to 0.8% eleutherosides	20 mg	†
Asian Ginseng (Panax ginseng), extract (leaf) standardized to 20% ginsenosides	20 mg	†
Ashwagandha, extract (root) 7% withanolides and 1% alkaloids	20 mg	†

\*Percent Daily Value (%DV) are based on a 2,000 calorie diet.  
† DV not established.

Other Ingredients: Gelatin capsule, Proprietary Protective Methyl B12 Matrix.