

**SUGGESTED USE** For energy and metabolic support, consume one or two capsules with food. This product is most effective as part of a healthy diet and active lifestyle, along with one of **ANDREW LESSMAN'S** multi-vitamin-mineral formulas. **For answers to questions about the use of this product, call 800.808.7311.**

**NOTE** This product contains a small amount of natural caffeine-related compounds and is not intended for children or those sensitive to caffeine. Pregnant or nursing women and those with a medical condition should consult a healthcare professional before use.

**UNSURPASSED.**  
Purity. Quality. Integrity. Effectiveness.



*Andrew Lessman*  
Andrew Lessman  
Founder of PROCAPS LABS

**THIS PRODUCT IS ONLY AVAILABLE FROM**

**HSN**  
800.944.9999  
www.HSN.com

**PROCAPS LABORATORIES**  
800.800.1200  
PROCAPSLABS.COM

# ENERGY & FAT METABOLISM FACTORS™

COMPREHENSIVE NUTRIENT SUPPORT  
PROMOTES OPTIMUM METABOLIC ACTIVITY



DIETARY SUPPLEMENT



360 Easy-to-Swallow Capsules

**Andrew Lessman's ENERGY AND FAT METABOLISM FACTORS** is designed to safely enhance energy levels and promote fat burning metabolism while also providing a general sense of well-being. Most importantly, unlike typical formulas, it does so without deceptive or harmful ingredients. This formula's comprehensive fat-burning support begins with optimum levels of **B-Complex Vitamins**, along with trace minerals such as **Chromium**, as well as all-important **Carnitine**, without which, *no fat* could be transported or burned. This formula also includes **Lysine** and **Vitamin C** to further support your body's internal production of essential **Carnitine**. We also provide extracts of **Green Tea** and **Guarana** as mild, natural sources of caffeine-related compounds. These botanicals have a long history of traditional use to enhance energy and well-being. To further combat fatigue and promote feelings of well-being, we also include standardized extracts of the adaptogenic herbs, **Panax Ginseng**, **Eleutherococcus**, **Ashwagandha** and **Rhodiola**. These plant extracts have long been used to support the body's ability to adapt and recover from physical and mental stress, such as diet, exercise and weight-loss. These nutrients and extracts can help us compensate for the natural slowing of our body's metabolism and the fatigue that occurs when we diet, exercise and reduce our caloric intake. We also include the branched chain amino acids **Leucine**, **Isoleucine** and **Valine** because of their role in preserving lean muscle tissue during exercise. In short, our **Energy and Fat Metabolism Factors** supplies natural tools to help you safely maximize your weight-loss potential when you have made the commitment to lose weight via a sensible regime of diet and exercise.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO** Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or manufacturing additives.

**CONTAINS NO ADDITIVES OF ANY KIND.**

## Supplement Facts

Serving Size 2 Capsules Servings Per Container 180

Amount Per Serving		%DV*
Vitamin C (as calcium ascorbate/ascorbyl palmitate)	60 mg	100%
Vitamin B1 (as thiamin hydrochloride)	5 mg	333%
Vitamin B2 (as riboflavin)	5 mg	294%
Niacin (as niacinamide/chromium nicotinate)	5 mg	25%
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	250%
Vitamin B12 (as methylcobalamin - protected Coenzyme B12)	50 mcg	833%
Pantothenic Acid (as calcium pantothenate)	20 mg	200%
Chromium (as chromium nicotinate)	50 mcg	42%
Boron (as boron glycinate)	300 mcg	†
Branched Chain Amino Acid Complex (leucine, isoleucine, valine)	30 mg	†
L-Lysine Hydrochloride	50 mg	†
L-Carnitine Tartrate	200 mg	†
Guarana, extract (seed) standardized to 22% caffeine	100 mg	†
Green Tea, extract (leaf) standardized to 25% polyphenols and 20% caffeine	500 mg	†
Eleuthero, extract (root) standardized to 0.8% eleutherosides	40 mg	†
Asian Ginseng (Panax ginseng), extract (leaf) standardized to 20% ginsenosides	40 mg	†
Ashwagandha, extract (root) standardized to 7% withanolides/1% alkaloids	40 mg	†
Rhodiola rosea, extract (root) standardized to 3% rosavins and 1% salidroside	40 mg	†

\* %DV are based on a 2,000 calorie diet. † DV not established.

Other Ingredients: Gelatin capsule, Proprietary Protective Methyl B12 Matrix.