

**SUGGESTED USE** Consume one or two capsules daily or as recommended by your physician. This product is most effective as part of a healthy diet and active lifestyle. **For questions about the use of this product call 800.332.7799.**

**FOR OVER 40 YEARS**

**Unsurpassed Purity, Quality and Efficacy**

100% SOLAR PRODUCTION | ZERO CARBON FOOTPRINT

*We Remain Uniquely Committed  
to You and the Planet.  
You have my unwavering Promise.*



**QUESTIONS? | REORDERS?**

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607358-11M

Manufactured by ProCaps Labs, Henderson, NV 89011



ANDREW LESSMAN

**PROCAPS**  
LABORATORIES



**Natural Hormone Balance**

# ULTIMATE WOMEN'S WELLNESS™

Natural Relief for Symptoms of  
Menopause, Perimenopause and PMS



Dietary Supplement | **360** Easy-to-Swallow Capsules

**Andrew Lessman's ULTIMATE WOMEN'S WELLNESS** is our most comprehensive formula to support the needs of women at all stages of life. It contains our highest levels of the key beneficial isoflavones from Soy (Genistein and Daidzein). Research has shown that these natural isoflavones can help diminish the normal symptoms of menopause, such as hot flashes and night sweats. In addition to extensive research on hormonal balance, only Soy isoflavones have also been consistently shown to support bone and heart health. For centuries, Soy has been a staple food in the healthy Asian diet and Ultimate Women's Wellness is designed to provide the same balance of isoflavones present in the healthy Asian diet. We also include 10 mcg (400 IU) of Vitamin D3 and 100 mg of Calcium because of their critical roles in women's health, along with our special extract of Green Tea - Asia's traditional beverage. Our Green Tea extract is standardized to provide 125 mg of EGCG, which is now viewed as the molecule responsible for Green Tea's many health benefits. We also include 75 mg of our Broccoli extract standardized for high levels of Sulforaphane, which is now considered to be Broccoli's key beneficial molecule. Additionally, we add 75 mg of Indole-3-Carbinol, also found in healthy cruciferous vegetables, which has been shown to support normal estrogen activity and metabolism in breast tissue. We also include 250 mg of our special Cranberry concentrate, providing powerful support to a woman's urinary tract. Also included are Lutein, Lycopene and Zeaxanthin, because these powerful anti-oxidants are so important to the health of female tissues, while also lacking from our diet and most supplements. We also include the world's most sophisticated high potency B-Complex formula, including our absorption-protected Natural B12 (Methylcobalamin). All of these specialized ingredients make Ultimate Women's Wellness our most comprehensive choice for hormonal balance and wellness throughout all stages of life.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO ADDITIVES OF ANY KIND**

## Supplement Facts Serving Size 2 Capsules Servings Per Container 180

Amount Per Serving		%DV*
Vitamin D3 (as cholecalciferol)	10 mcg (400 IU)	50%
Vitamin B1 (as thiamin hydrochloride)	5 mg	417%
Vitamin B2 (as riboflavin)	5 mg	385%
Niacin (as niacinamide)	5 mg	31%
Pantothenic Acid (as calcium pantothenate)	5 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	294%
Vitamin B12 (as methylcobalamin - protected Coenzyme B12)	50 mcg	2,083%
Folate Complex (as L-methylfolate/folic acid)	67 mcg DFE (25 mcg folic acid)	17%
Biotin	50 mcg	167%
Calcium (as calcium carbonate)	100 mg	8%
Soybean, extract (ultra-concentrate) standardized to 40% isoflavones	175 mg	†
Genistein	33 mg	
Daidzein	30 mg	
Green Tea, extract (leaf) standardized to 98% polyphenols	250 mg	†
Epigallocatechin Gallate	125 mg	
Cranberry, extract (fruit) standardized to 35% fruit acids/17:1 concentrate	250 mg	†
Indole-3-Carbinol	75 mg	†
Broccoli, extract (sprout/seed) standardized to 1.2% sulforaphane glucosinolate	75 mg	†
Lutein	2 mg (2,000 mcg)	†
Lycopene	1 mg (1,000 mcg)	†
Zeaxanthin	250 mcg	†

\* %DV are based on a 2,000 calorie diet. † DV not established.

Other Ingredients. Gelatin capsule, Proprietary Protective Methyl B12 Matrix. **NOTE** This product has a slight natural odor from its cruciferous vegetable extracts. **CONTAINS NO** Milk, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative or manufacturing additives.