

**SUGGESTED USE** Consume two capsules daily or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle, along with one of **ANDREW LESSMAN'S** multi-vitamin-mineral formulas. **For answers to questions about the use of this product, call 800.808.7311.**

**UNSURPASSED.**  
Purity. Quality. Integrity. Effectiveness.



*Andrew Lessman*  
Andrew Lessman  
Founder of PROCAPS LABS

**THIS PRODUCT IS ONLY AVAILABLE FROM**



**800.944.9999**  
WWW.HSN.COM



**800.800.1200**  
PROCAPSLABS.COM

**MAXIMUM**  
**ESSENTIAL**  
**OMEGA-3™**

**ULTRA-CONCENTRATE OF DHA AND EPA**  
**FREE OF MERCURY AND CONTAMINANTS**  
**FISH OILS WITHOUT FISH TASTE**



360 Easy-to-Swallow Capsules

**Andrew Lessman's MAXIMUM ESSENTIAL OMEGA-3** is our ultra-pure, highest potency blend of Omega-3 oils uniquely delivered with absolutely NO fishy aftertaste. Our Omega-3s exist in their most active, natural triglyceride form and NOT as inferior ethyl esters. Omega-3s are absolutely essential for our good health, yet they cannot be made by the body, so their benefits are only available from cold-water fish or a formula like **Maximum Essential Omega-3**. Research has shown that diets rich in Omega-3 oils are associated with superior heart, brain, circulatory and general health; yet sadly, the American diet delivers alarmingly low levels of these precious fatty acids. Our **Maximum Essential Omega-3** is a uniquely concentrated source of both fish and flaxseed oils, delivering our highest levels of **DHA** (Docosahexaenoic Acid) and **EPA** (Eicosapentaenoic Acid), as well as **DPA** (Docosapentaenoic Acid). Typical Omega-3 formulas focus on **EPA**, which is less costly to provide, whereas our Omega-3s target vital **DHA**, which is essential for brain and eye function. In fact, the highest functioning areas of the brain and the most critical parts of the eye (macula and retina) contain and require ultra-high levels of **DHA**. Although fish oil supplements have long been praised for their countless health benefits, they are equally well-known for their aftertaste and potential contaminants; however, our **Maximum Essential Omega-3** allows you to enjoy all the benefits of fish oil with NO mercury, NO contaminants, NO stomach upset and NO fishy aftertaste.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.  
**CONTAINS NO** Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, color, preservative or manufacturing additives.

**CONTAINS NO ADDITIVES OF ANY KIND.**

<b>Supplement Facts</b>		Serving Size 2 Softgels
		Servings Per Container 180
Amount Per Serving		%DV*
<b>Calories 12</b>		Calories from Fat 12
<b>Total Fat 1.35 g</b>		<b>2%</b>
<b>Cholesterol 2 mg</b>		<b>1%</b>
<b>Fish Oil</b> (anchovy, mackerel, menhaden, sardine, tuna)	<b>1,150 mg</b>	†
<b>Total Omega-3 Fatty Acids</b>	<b>1,000 mg</b>	†
DHA-Docosahexaenoic Acid (Omega-3)	450 mg	
EPA-Eicosapentaenoic Acid (Omega-3)	350 mg	
DPA-Docosapentaenoic Acid (Omega-3)	50 mg	
Alpha-Linolenic Acid (Omega-3)(from flaxseed oil)	100 mg	†
Peppermint Oil (leaf, stem), standardized to 50% menthol	11 mg	†
Spearmint Oil (leaf, stem), standardized to 55% carvone	11 mg	†

\* Percent Daily Values (%DV) are based on a 2,000 calorie diet.  
† Daily Value not established.

Other Ingredients: Soft-gelatin capsule (Gelatin, purified water, glycerin).