SUGGESTED USE Consume one or more capsules daily or as recommended by your physician. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle. For questions about the use of this product call 800.332.7799.

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100% SOLAR

20 mg Pyrroloquinoline Quinone

Promotes Mitochondrial Biogenesis Protected B12 | 5-MTHF | Vitamin C



Andrew Lessman's PQQ 20 is a comprehensive formula designed to most effectively deliver the extensive benefits of Pyrroloquinoline Quinone (PQQ). PQQ is a naturally occurring substance that provides protection to our most vital systems and organs, such as the heart, brain, liver and immune system. Its most well-established benefit is its role in promoting mitochondrial biogenesis - the creation of new mitochondria (the vital cellular

structure responsible for all energy production). Mitochondrial function directly affects our energy level, as well as our general health and rate of aging. POO also provides powerful anti-oxidant protection that exceeds that of even Vitamins E and C. We also deliver a full B-Complex including our absorption-protected Methylcobalamin (natural coenzyme Vitamin B12). Our uniquely comprehensive POO 20 offers the comprehensive support required to enable us to best encounter life's daily challenges, along with those of the aging process.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS

Amount Per Serving			%DV
Vitamin C (Ca ascorbate/palmitate)	200	mg	2229
Vitamin B1 (thiamin hydrochloride)	5	mg	4179
Vitamin B2 (riboflavin)	5	mg	3859
Niacin (niacinamide)	5	mg	319
Pantothenic Acid (calcium pantothena	ate) 5	mg	1009
Vitamin B6 (pyridoxine hydrochloride)	5	mg	2949
Vitamin B12 (methylcobalamin)	50	mcg	2,083
Folate (L-methylfolate) 6	7 mcg	DFE	179
Biotin	50	mcg	1679
POO (pyrrologuinoline guinone	20	mg	t

Other Ingredients: Gelatin capsule, Proprietary Protective Methyl B12 Matrix. CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, salt, sugar, fat, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.