

SUGGESTED USE Consume one or more capsules daily with food or as recommended by your physician. This product is most effective as part of a healthy diet and active lifestyle. **For questions about the use of this product call 800.332.7799.**

FOR OVER 40 YEARS
Unsurpassed Purity, Quality and Efficacy
100% SOLAR PRODUCTION | ZERO CARBON FOOTPRINT

*We Remain Uniquely Committed
to You and the Planet.
You have my unwavering Promise.*

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Andrew Lessman
Andrew Lessman, Founder

QUESTIONS? | REORDERS?
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100% SOLAR

TURMERIC 400[™] CURCUMIN

Optimized Turmeric Extract
Activated Phospholipid Complex



Dietary Supplement | **240** Easy-to-Swallow Capsules

Andrew Lessman's TURMERIC 400 delivers Turmeric Root extract standardized for the highest levels of **curcuminoids** that we then activate with phospholipids to naturally overcome **Turmeric's** absorptive challenges. **Turmeric** is the quintessential Asian spice, most prevalent in Indian cuisine. The last decade has seen **Turmeric** receive more credible scientific attention than any other plant-based compound. This clinical research has only continued to validate **Turmeric's** extensive and wide-ranging potential health benefits. Initially, the focus was on **Turmeric's** soothing role in joint health, as well as its supportive role in liver health and detoxification. More recently, **Turmeric** has been acknowledged for the protection it offers to delicate brain structures, along with other organs and body tissues. Remarkably, **Turmeric's** impressive volume of supportive research has only continued to expand; however, creating an effective **Turmeric** supplement is difficult and is more than placing some **Turmeric** in a pill, since unfortunately, its benefits cannot be ensured without facilitating the absorption of its curcuminoids. We accomplish this by complexing its **curcuminoids** with Phosphatidylcholine (PC) – the predominant phospholipid found in the brain, liver and throughout the body. This unique phospholipid complex protects **curcuminoids** from digestive damage while dramatically increasing their absorption. This natural combination ensures the greatest benefits from the powerful protective compounds found in this remarkable traditional spice.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OF ANY KIND

Supplement Facts		Serving Size 1 Capsule
Amount Per Serving		Servings Per Container 240
	%DV*	
Vitamin C (as ascorbyl palmitate)	20 mg 22%	
Curcumin Phospholipid Complex (Turmeric, 95% extract (root) and phospholipids)	400 mg †	
Total Curcuminoids	155 mg	
Total Phospholipids	75 mg	

*Percent Daily Value (%DV) are based on a 2,000 calorie diet. † DV not established.

Other Ingredients. Natural plant cellulose (acid resistant) vegetarian capsule.

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, cholesterol, color, preservative, common allergens or manufacturing additives.