

SUGGESTED USE Consume one or more capsules daily with food (preferably a complete meal) or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle, along with one of **ANDREW LESSMAN'S** multi-vitamin-mineral formulas. **For answers to questions about the use of this product, call 800.808.7311.**

TURMERIC 400TM CURCUMIN

STANDARDIZED TURMERIC ROOT EXTRACT
ACTIVATED PHOSPHOLIPID COMPLEX



DIETARY SUPPLEMENT



240 Easy-to-Swallow Capsules

Andrew Lessman's TURMERIC 400 delivers our long-awaited Turmeric (Curcumin) Root extract standardized for Curcuminoids and complexed with "activating" phospholipids. Turmeric (Curcumin) is well-known as the pungent spice so prevalent in Asian cuisine, particularly, Indian curry. Following decades of research, scientists now recognize this unique spice as possessing extensive, wide-ranging health benefits. Turmeric's (Curcumin's) soothing role in joint health has been long established, as has its central role in any liver cleanse or digestive detoxification program. More recently, Turmeric (Curcumin) has been acknowledged for the protection it offers to delicate brain tissues, along with other fragile body structures. Unfortunately, creating an effective Turmeric (Curcumin) supplement is not as simple as placing some spice in a pill. As a spice, it is the flavor we seek, but as a health supplement, we must isolate, protect and facilitate the absorption of the beneficial Curcuminoids. We accomplish this by complexing these standardized Curcuminoids with Phosphatidylcholine (PC) – the predominant phospholipid found in the brain, liver and throughout the body. This unique phospholipid complex protects the Curcuminoids from digestive damage while also facilitating greater absorption. By "marrying" these natural ingredients, we ensure the greatest benefits from the remarkable protective compounds from this traditional spice.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or manufacturing additives.

CONTAINS NO ADDITIVES OF ANY KIND.

Supplement Facts

Amount Per Serving	Serving Size 1 Capsule Servings Per Container 240	%DV*
Vitamin C (as ascorbyl palmitate)	20 mg	33%
Curcumin Phospholipid Complex (Turmeric, 95% extract (root) and phospholipids)	400 mg	†
Total Curcuminoids	155 mg	†
Total Phospholipids	75 mg	†

*Percent Daily Value (%DV) are based on a 2,000 calorie diet. † DV not established.

Other Ingredients: Natural plant cellulose (acid resistant) vegetarian capsule.

THIS PRODUCT IS
ONLY AVAILABLE FROM



PROCAPS
LABORATORIES

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