

**SUGGESTED USE** Consume one capsule daily or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle, along with one of **ANDREW LESSMAN'S** multi-vitamin-mineral formulas. **For answers to questions about the use of this product, call 800.808.7311.**

# TURMERIC 200 GINGER ROOT 200

TURMERIC ROOT AND GINGER ROOT EXTRACTS  
SOOTHING RELIEF FOR JOINTS AND DIGESTION



DIETARY SUPPLEMENT

**PROCAPS**  
LABORATORIES

**ALL-SOLAR**  
MANUFACTURING

240 Easy-to-Swallow Capsules

**Andrew Lessman's TURMERIC 200 GINGER ROOT 200** combines extracts of two related plants that offer natural soothing relief for our joints and digestive system. **Turmeric** is a centuries old traditional medicine that is also the popular spice in Indian curry. Experts now recognize the science behind **Turmeric's** soothing role in joint and digestive health; however, scientists also concede that delivering **Turmeric's** benefits in a health supplement is very difficult. As a spice, flavor is all we seek, but in a supplement, we must ensure the delivery of **Turmeric's** protective compounds – **Curcuminoids**. We accomplish this by complexing our **Turmeric** with **PC (Phosphatidylcholine)** – the most important phospholipid in our liver and brain. This unique complex protects the **Curcuminoids** from digestive damage and excretion while enhancing their availability. Like **Turmeric**, **Ginger Root** has also been used for centuries throughout Asia as a traditional medicine and popular spice. **Ginger** was among the first spices brought to the New World and has long been recommended for its natural soothing relief for overworked joints or an upset stomach. Unlike typical **Ginger** products that are simply spice in a bottle, our **Ginger** is extracted from the root and standardized to provide high levels of **Gingerols**. In short, whether it's your joints or digestive system you seek to soothe, our **Turmeric and Ginger Root** extracts offer unparalleled natural relief.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO** Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or manufacturing additives.

**CONTAINS NO ADDITIVES OF ANY KIND.**

Amount Per Serving	Serving Size 1 Capsule Servings Per Container 240	
		%DV*
Vitamin C (as ascorbyl palmitate/calcium ascorbate)	30 mg	50%
Ginger, extract/powder (root) standardized to 5% gingerols/1.5% volatile oil	200 mg	†
Curcumin Phospholipid Complex (Turmeric, 95% extract (root) and phospholipids)	200 mg	†
Total Curcuminoids	75 mg	†
Total Phospholipids	35 mg	†

\* %DV are based on a 2,000 calorie diet. † DV not established.

Other Ingredients: Natural plant cellulose (acid resistant) vegetarian capsule.

**UNSURPASSED.**

Purity. Quality. Integrity. Effectiveness.



*Andrew Lessman*  
Andrew Lessman  
Founder of ProCaps Labs

THIS PRODUCT IS  
ONLY AVAILABLE FROM

**HSN**

800.944.9999  
www.HSN.com

**PROCAPS**  
LABORATORIES

800.800.1200  
ProCapsLabs.com