

**SUGGESTED USE** Mix one scoop of **SECURE MCP** in 6 to 12 ounces of water, juice or non-fat milk. Use more or less liquid to achieve the desired flavor intensity. You can also make a delicious “smoothie” by adding non-fat yogurt, juice, ice and fresh or frozen fruit. **SECURE MCP** provides a delicious, low fat source of healthy protein, vitamins and minerals that makes the ideal meal, snack or dessert replacement that fits perfectly into any weight-management plan. **SECURE MCP** is not intended to be a primary source of calories, food or meals, but to serve as an occasional meal replacement to achieve one’s weight management goals. This product is most effective as part of a healthy, nutritious diet and active lifestyle, along with one of Andrew Lessman’s multi-vitamin-mineral formulas. **For answers to questions about the use of this product, call 800.808.7311.**

This package is sold by weight not by volume. It contains the full weight indicated on the label. Settling of contents can occur during shipment.

**UNSURPASSED.**  
Purity. Quality. Integrity. Effectiveness.

*Andrew Lessman*  
Andrew Lessman  
Founder of PROCAPS LABS

THIS PRODUCT IS ONLY AVAILABLE FROM

**HSN**  
800.944.9999  
WWW.HSN.COM

**PROCAPS LABORATORIES**  
800.800.1200  
PROCAPSLABS.COM

– CHOCOLATE –

# SECURE MCP

## COMPLETE MEAL REPLACEMENT

ONLY 63 CALORIES • LOW FAT • LOW SODIUM

21 VITAMINS AND MINERALS • 200 MG CALCIUM

7 GRAMS MARINE COLLAGEN PEPTIDES PER SERVING



40.2 oz (2.5 lb) (1.14 kg) • 60 Servings

**SECURE MCP** is a Marine Collagen Peptide based version of our great tasting **SECURE** Meal Replacement. It makes a delicious chocolate shake that, **at less than 70 calories**, also happens to be a highly nutritious, *ultra-low calorie meal replacement* delivering 21 vitamins and minerals, as well as a healthy source of protein and fiber. Each delicious and satisfying serving contains **only 63 calories** and delivers 7 grams of ultra-high quality protein as Marine Collagen Peptides. For those counting “carbs”, **SECURE MCP** delivers only 5 grams of carbohydrate with 2 grams of healthy fiber. Plus, **SECURE MCP** provides between 50% and 200% of the RDI of 11 essential vitamins, plus 10 vital minerals, including 200 milligrams of Calcium. **SECURE MCP** uniquely provides a highly soluble source of the precise Collagen Peptides required to build and maintain the healthy collagen structure of our Skin, Hair and Nails, as well as our Joints, Bones and Blood Vessels. **SECURE MCP** makes it easier to enjoy a reduced caloric intake, while also ensuring an abundant supply of vitamins, minerals, Collagen Peptides, fiber and phytonutrients. **SECURE MCP** is designed to be the best tasting, lowest calorie meal replacement available, providing a highly concentrated source of the vitamins, minerals, fiber and protein you seek without the abundant calories, sugar, carbohydrate or fat you seek to avoid. Nutrient-rich **SECURE MCP** is designed to be more than the most extraordinary meal replacement on paper, but also the most impressive and delicious in your mouth as well. Controlling our intake of food can be difficult, but **SECURE MCP**’s great taste and substantially reduced calorie content makes it easy and enjoyable.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Ingredients:** Marine Collagen Peptides, Fructose, Non-dairy Vegetarian Creamer (Trans Fat Free), Maltodextrin (soluble dietary fiber), Cocoa Powder, Calcium Citrate, Natural & Artificial Flavors. **Contains 2 Percent or less of:** Magnesium Oxide, Calcium Ascorbate, Potassium Citrate, Natural Beta-Carotene, Acesulfame Potassium (non-nutritive sweetener), Sucralose (non-nutritive sweetener), d-alpha Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Cholecalciferol, Zinc Citrate, Folic Acid, Selenium-Methionine Complex, Pyridoxine Hydrochloride, Methylcobalamin (Proprietary Protective Methyl B12 Matrix), Thiamin Hydrochloride, Riboflavin, Chromium Nicotinate, Biotin. **Contains a primary ingredient derived from fish (Tilapia).**

### Nutrition Facts

Serving Size	1 Scoop (19g)	
Servings Per Container	60	
Amount Per Serving		
Calories	63	
Calories from Fat	10	%DV*
<b>Total Fat</b>	1.5g	<b>2%</b>
Saturated Fat	0g	<b>0%</b>
Trans Fat	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	25mg	<b>1%</b>
<b>Potassium</b>	100mg	<b>3%</b>
<b>Total Carbohydrate</b>	7g	<b>2%</b>
Dietary Fiber	2g	<b>8%</b>
Sugars	5g	
<b>Protein</b>	7g	<b>14%</b>
Marine Collagen Peptides	7g	
Vitamin A	10%	Vitamin C 100%
Calcium	20%	Iron 2%
Vitamin D3	100%	Vitamin E 50%
Vitamin B1	50%	Vitamin B2 50%
Niacin	50%	Vitamin B6 50%
Folic Acid	25%	Vitamin B12 200%
Biotin	50%	Pantothenic Acid 50%
Magnesium	25%	Zinc 8%
Selenium	35%	Copper 2%
Chromium	50%	
* Percent Daily Values (%DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories:	2,000 2,500
Total Fat	Less than	65 g 80 g
Sat Fat	Less than	20 g 25 g
Cholesterol	Less than	300 mg 300 mg
Sodium	Less than	2,400 mg 2,400 mg
Total Carbohydrate		300 g 375 g
Dietary Fiber		25 g 30 g
Calories per gram:	Fat 9	Carbohydrate 4 Protein 4