

SUGGESTED USE Consume one or two capsules daily or as recommended by your physician. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle, along with a daily multi-vitamin-mineral formula. **For questions about the use of this product call 800.332.7799.**



HSN www.HSN.com
800.944.9999

QVC www.QVC.com
800.345.1515

QUESTIONS? CALL 800.800.1200
www.PROCAPSLABS.com

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BREAST HEALTH™

PROTECTIVE PHYTONUTRIENTS
INDOLE-3-CARBINOL · SULFORAPHANE



360 Easy-to-Swallow Capsules

Andrew Lessman's BREAST HEALTH is designed to support the health of the delicate tissues of a woman's breast. This formula provides plant-based protection that targets breast tissue. These protective compounds offer natural support for the healthy structure of the cells that make up this delicate tissue. We start with **Indole-3-Carbinol**, naturally found in cruciferous vegetables (particularly cauliflower), which helps support and maintain the health of the breast along with normal estrogen activity in breast tissue. We then add **Sulforaphane**, another ingredient from healthy cruciferous vegetables, which, among many beneficial properties, promotes the body's internal production of one of its most important protective compounds - **Glutathione**. No breast health formula would be complete without the protective properties of our **Green Tea Extract**, which is standardized to provide high levels of its most important protective polyphenols, including all-important **Epigallocatechin Gallate (EGCG)**. We also add the three protective carotenoids: **Lutein**, **Lycopene** and **Zeaxanthin**, given their high concentration in female reproductive and breast tissue. We also add the additional protection of **OPCs (Oligomeric Proanthocyanidins)** from our standardized **Grape Seed Extract**, along with our **Turmeric Extract** and its standardized **Curcumin-Phospholipid Complex**. We also support these plant-based ingredients with Vitamins D and C, along with our unique absorption-protected Methylcobalamin (Natural Coenzyme Vitamin B12) and Folate Complex. The end result is a comprehensive array of standardized, plant-based ingredients and nutrients that provide unprecedented support for the health of the fragile tissues of a woman's breast.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, cholesterol, color, preservative, common allergens or manufacturing additives.

CONTAINS NO ADDITIVES OF ANY KIND.

Supplement Facts

Serving Size 2 Capsules	Servings Per Container 180	
Amount Per Serving	%DV*	
Vitamin C (as calcium ascorbate)	100 mg	111%
Vitamin D ₃ (as cholecalciferol)	2.5 mcg (100 IU)	13%
Vitamin B12 (as methylcobalamin - protected Coenzyme B12)	50 mcg	2,083%
Folate Complex (as L-methylfolate/folic acid)	67 mcg DFE (25 mcg folic acid)	17%
Calcium (as calcium carbonate/ascorbate)	50 mg	4%
Green Tea, extract (leaf) standardized to 98% polyphenols Epigallocatechin Gallate	250 mg	†
Indole-3-Carbinol	150 mg	†
Broccoli, extract (sprout/seed) standardized to 1.2% sulforaphane glucosinolate	75 mg	†
Grape Seed, extract (seed) standardized to 80% polyphenols	40 mg	†
Curcumin Phospholipid Complex (Turmeric, 95% extract (root) and phospholipids)	40 mg	†
Lutein	3 mg (3,000 mcg)	†
Lycopene	3 mg (3,000 mcg)	†
Zeaxanthin	150 mcg	†

* Percent Daily Values (%DV) are based on a 2,000 calorie diet. † Daily Value not established.

Other Ingredients: Gelatin capsule, Proprietary Protective Methyl B12 Matrix.