SUGGESTED USE For energy and metabolic support, consume one or two capsules with food. This product is most effective as part of a healthy diet and active lifestyle, along with one of ANDREW LESSMAN'S multivitamin-mineral formulas. For answers to questions about the use of this product, call 800,808,7311.

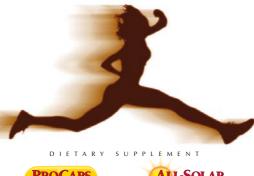
NOTE This product contains a small amount of natural caffeine-related compounds and is not intended for children or those sensitive to caffeine. Pregnant or nursing women and those with a medical condition should consult a healthcare professional before use.





ENERGY & FAT **METABOLISM FACTORS**[™]

COMPREHENSIVE NUTRIENT SUPPORT PROMOTES OPTIMUM METABOLIC ACTIVITY







400 Easy-to-Swallow Capsules

Andrew Lessman's ENERGY AND FAT METABOLISM FACTORS designed to safely enhance energy levels and promote fat burning metabolism while also providing a general sense of well-being. Mos importantly, unlike typical formulas, it does so without deceptive or harmful ingredients. This formula's comprehensive fat-burning support begins with optimum levels of **B-Complex Vitamins**, alor with trace minerals such as Chromium, as well as all-importan Carnitine, without which, no fat could be transported or burned. Th formula also includes Lysine and Vitamin C to further support you body's internal production of essential Carnitine. We also provid extracts of Green Tea and Guarana as mild, natural sources caffeine-related compounds. These botanicals have a long histor of traditional use to enhance energy and well-being. To furthe combat fatigue and promote feelings of well-being, we also includ standardized extracts of the adaptogenic herbs, Panax Ginseng Eleutherococcus, Ashwagandha and Rhodiola. These plant extract have long been used to support the body's ability to adapt an recover from physical and mental stress, such as diet, exercise ar weight-loss. These nutrients and extracts can help us compensation for the natural slowing of our body's metabolism and the fatigu that occurs when we diet, exercise and reduce our caloric intake We also include the branched chain amino acids Leucine, Isoleucir and Valine because of their role in preserving lean muscle tissu during exercise. In short, our Energy and Fat Metabolism Factor supplies natural tools to help you safely maximize your weight-los potential when you have made the commitment to lose weight vi a sensible regime of diet and exercise.

These statements have not been evaluated by the Food and Drug Administration. This product not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, colo preservative, common allergens or manufacturing additives.

CONTAINS NO ADDITIVES OF ANY KIND.

S	Supplement Facts			
g t	Serving Size 2 Capsules Servings Per Container 200			
е	Amount Per Serving			%DV*
g	Vitamin C (as calcium ascorbate/ascorbyl palmitate)	60	mg	100%
g	Vitamin B1 (as thiamin hydrochloride)	5	mg	333%
t	Vitamin B2 (as riboflavin)	5	mg	294%
3	Niacin (as niacinamide/chromium nicotinate)	5	mg	25%
r	Vitamin B6 (as pyridoxine hydrochloride)	5	mg	250%
e f	Vitamin B12	50	mcg	833%
y	(as methylcobalamin - protected Coenzyme B12)			F00/
r	Pantothenic Acid (as calcium pantothenate)		mg	50%
,	Chromium (as chromium nicotinate)		mcg	42%
,	Boron (as boron glycinate)		mcg	
3	Branched Chain Amino Acid Complex (leucine, isoleucine, valine)	30	mg	†
t	L-Lysine Hydrochloride	50	mg	†
t	L-Carnitine Tartrate	200	mg	t
9	Guarana, extract (seed) standardized to 22% caffeine	100	mg	†
	Green Tea, extract (leaf) standardized to 25% polyphenols and 20% caffeine	500	mg	†
e S	Eleuthero, extract (root) standardized to 0.8% eleutherosides	40	mg	†
6	Asian Ginseng (Panax ginseng), extract (leaf) standardized to 20% ginsenosides	40	mg	†
-	Ashwagandha, extract (root) standardized to 1.5% withanolides and 1% alkaloids		mg	†
s	Rhodiola rosea, extract (root) standardized to 3% rosavins and 1% salidroside	40	mg	†
r,	* %DV are based on a 2,000 calorie diet. † DV not e	stablis	shed.	

800.800.1200

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