

**SUGGESTED USE** Consume one or two capsules daily or as recommended by your physician. This product is most effective as part of a healthy diet and active lifestyle. **For questions about the use of this product call 800.332.7799.**

**FOR OVER 40 YEARS**

**Unsurpassed Purity, Quality and Efficacy**

100% SOLAR PRODUCTION | ZERO CARBON FOOTPRINT

*We Remain Uniquely Committed  
to You and the Planet.*

*You have my unwavering Promise.*

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Andrew Lessman, Founder

**QUESTIONS? | REORDERS?**

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ANDREW LESSMAN

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**Natural Hormone Balance**

# WOMEN'S WELLNESS™

Natural Relief for Symptoms of  
Menopause, Perimenopause and PMS



Dietary Supplement | **360** Easy-to-Swallow Capsules

**Andrew Lessman's WOMEN'S WELLNESS** is our comprehensive formula to support the needs of women at all stages of life. It contains our highest levels of the key beneficial isoflavones from Soy (Genistein, Genistin, Daidzein and Daidzin). Research has shown that these natural isoflavones can help to diminish the normal symptoms of menopause, such as hot flashes and night sweats. In addition to extensive research on hormonal balance, only Soy isoflavones have also been consistently shown to support bone and heart health. For centuries, Soy has been a staple food in the healthy Asian diet and Women's Wellness is designed to provide the same balance of isoflavones present in the healthy Asian diet. We also include 100 IU of Vitamin D3 and 50 mg of Calcium because of their critical roles in women's health, along with our special extract of Green Tea – Asia's traditional beverage. Our Green Tea extract is standardized to provide 125 mg of EGCG, which is now viewed as the molecule responsible for Green Tea's many health benefits. We include 75 mg of our Broccoli extract standardized for high levels of Sulforaphane, which is now considered to be Broccoli's key beneficial molecule. We also include 250 mg of our special Cranberry concentrate, providing powerful support to a woman's urinary tract. Also included are Lutein, Lycopene and Zeaxanthin because these powerful anti-oxidants are so important to the health of female tissues, while also lacking from our diet and most supplements. We also include high levels of our absorption-protected Natural B-12 (Methylcobalamin). In short, all of these specialized ingredients make our Women's Wellness a truly unique and comprehensive choice for hormonal balance and wellness throughout all stages of life.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO ADDITIVES OF ANY KIND**

## Supplement Facts

Serving Size 2 Capsules Servings Per Container 180

Amount Per Serving	%DV*
Vitamin D3 (as cholecalciferol)	2.5 mcg (100 IU) 13%
Vitamin B12 (as methylcobalamin - protected Coenzyme B12)	50 mcg 2,083%
Folate Complex (as L-methylfolate/folic acid)	67 mcg DFE (25 mcg folic acid) 17%
Calcium (as calcium carbonate)	50 mg 4%
Soybean, extract (ultra-concentrate) standardized to 40% isoflavones	175 mg †
Genistein/Genistin	28-40 mg
Daidzein/Daidzin	26-40 mg
Green Tea, extract (leaf) standardized to 98% polyphenols	250 mg †
Epigallocatechin Gallate	125 mg
Cranberry, extract (fruit) standardized to 35% fruit acids/17:1 concentrate	250 mg †
Broccoli, extract (sprout/seed) standardized to 1.2% sulforaphane glucosinolate	75 mg †
Lutein	2 mg (2,000 mcg) †
Lycopene	1 mg (1,000 mcg) †
Zeaxanthin	100 mcg †

\*Percent Daily Value (%DV) based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients. Gelatin capsule, Proprietary Protective Methyl B12 Matrix.

**CONTAINS NO** Milk, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative or manufacturing additives.