

SUGGESTED USE Consume one or more capsules daily or as recommended by a health care professional. For best results, take this product with food containing a small amount of fat. This product is most effective as part of a healthy diet and active lifestyle, along with one of **ANDREW LESSMAN'S** multi-vitamin-mineral formulas. **For answers to questions about the use of this product, call 800.808.7311.**

UNSURPASSED.

Purity. Quality. Integrity. Effectiveness.



Andrew Lessman
Andrew Lessman
Founder of PROCAPS LABS

THIS PRODUCT IS
ONLY AVAILABLE FROM

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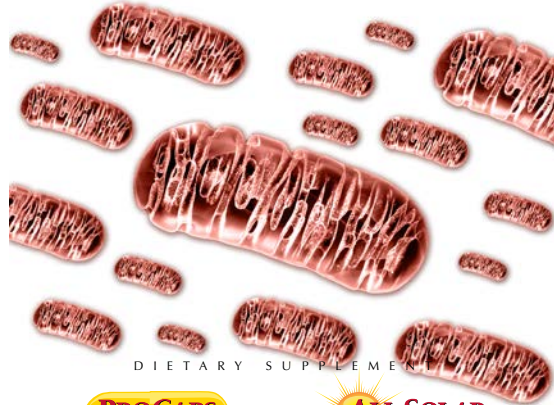
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605567-10U

COENZYME Q-10 200 MG

PLUS FULL B-COMPLEX · VITAMIN C 300
WITH METHYL B12 & METHYL FOLATE



DIETARY SUPPLEMENT

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360 Easy-to-Swallow Capsules

Andrew Lessman's COENZYME Q-10 200 is more than an exceptional source of the finest natural CoQ10. It also provides the benefits of the world's most sophisticated high potency B-Complex supplement. No other B-Complex contains our proprietary, absorption-protected Methylcobalamin (Natural Coenzyme Vitamin B12), as well as a unique form of Folic Acid that overcomes the metabolic challenges many of us face with Folic Acid. Our CoQ10 also includes the equivalent of a high potency Vitamin C supplement with 300 mg of non-acidic Vitamin C. CoQ10 is required for all energy production and for life itself. In fact, because CoQ10 must be present in all living cells, its chemical name is Ubiquinone from the word "ubiquitous" meaning present everywhere. CoQ10 becomes even more vital as we age, since CoQ10 levels decline rapidly with age, stress, physical activity, poor diet, health issues and many medications such as cholesterol-lowering drugs. All cells require CoQ10 for all energy production and it is not surprising that the highest concentrations of CoQ10 are found in the body's hardest working organs (Heart, Brain, Liver, Kidneys and Pancreas). The ability of our most vital organs to constantly create abundant energy defines our good health. This formula ensures CoQ10's ability to promote optimum energy production and cellular protection by also including our unsurpassed, high potency B-Complex formula with our non-acidic Vitamin C. The result is the most uniquely comprehensive and effective CoQ10 formula available anywhere.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or manufacturing additives.

CONTAINS NO ADDITIVES OF ANY KIND.

Supplement Facts

Serving Size 1 Capsule	Servings Per Container 360	
Amount Per Serving		%DV*
Vitamin C (as calcium ascorbate/palmitate)	300 mg	500%
Vitamin B1 (as thiamin hydrochloride)	5 mg	333%
Vitamin B2 (as riboflavin)	5 mg	294%
Niacin (as niacinamide)	5 mg	25%
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	250%
Folate Complex (as L-methylfolate/folic acid)	50 mcg	13%
Vitamin B12 (as methylcobalamin - protected Coenzyme B12)	100 mcg	1,667%
Biotin	50 mcg	17%
Pantothenic Acid (as calcium pantothenate)	5 mg	50%
Calcium (as calcium ascorbate/pantothenate)	30 mg	3%
Coenzyme Q-10 (natural ubiquinone)	200 mg	†

* Percent Daily Values (%DV) are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Gelatin capsule, Proprietary Protective Methyl B12 Matrix.