

SUGGESTED USE Consume one or two capsules early in your day or as recommended by a health care professional. As with any weight-loss product, this product is most effective as part of a healthy diet and active lifestyle, along with one of **ANDREW LESSMAN'S** multi-vitamin-mineral formulas. **For answers to questions about the use of this product, call 800.808.7311.**

CAUTION This product contains herbs that deliver a small amount of naturally occurring, caffeine-related alkaloids (the equivalent of less than a half-cup of coffee per capsule). Not recommended for those individuals with high blood pressure, unless you are accustomed to caffeine or it is approved by your physician. Do not use this product if you are pregnant or lactating.

**THIS PRODUCT IS
ONLY AVAILABLE FROM**



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A.M. ACTIVATOR™

**MORNING METABOLIC SUPPORT
CELLULAR ACTIVATORS · LIPOTROPIC FACTORS**



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180 Easy-to-Swallow Capsules

Andrew Lessman's A.M. ACTIVATOR is designed as a safe and healthy means of maintaining energy levels while stimulating and supporting fat-burning metabolism without the potentially dangerous Ephedrine-containing herb, Ma Huang. **A.M. Activator** contains thermogenic herbs and natural cellular activators to jump-start your metabolism and facilitate your fat loss goals. It contains standardized extracts with a history of traditional use in many cultures for promoting energy and a sense of well-being. To further support your weight-loss goals by fighting fatigue and providing calming benefits, we include standardized extracts of **Panax (Asian) Ginseng, Eleutherococcus (Eleuthero), Ashwagandha and Rhodiola** – adaptogenic herbs with a history of traditional use going back thousands of years. In addition, **A.M. Activator** supplies **Chromium** to support healthy carbohydrate metabolism and the **B-Complex** vitamins to maintain energy production and fat metabolism. Finally, we add **Carnitine**, along with its precursors, **Vitamin C** and **Lysine**, to support the efficient transport and burning of body fat. The investment and sacrifice we make when dieting and exercising deserve the best results and the unique combination of ingredients in **A.M. Activator** is designed to safely and gently jump-start fat and energy metabolism.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO ADDITIVES OR
COMMON ALLERGENS OF ANY KIND.**

Supplement Facts

Amount Per Serving	Serving Size 1 Capsule Servings Per Container 180	%DV*
Vitamin C (as calcium ascorbate)	60 mg	100%
Vitamin B1 (as thiamin hydrochloride)	5 mg	333%
Vitamin B2 (as riboflavin)	5 mg	294%
Niacin (as niacinamide/chromium nicotinate)	5 mg	25%
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	250%
Folate Complex	25 mcg	6%
Vitamin B12 (as methylcobalamin - protected Coenzyme B12)	100 mcg	1,667%
Magnesium (as magnesium oxide)	20 mg	5%
Pantothenic Acid (as calcium pantothenate)	20 mg	200%
Chromium (as chromium nicotinate)	50 mcg	42%
Boron (as boron glycinate)	50 mcg	†
L-Lysine Hydrochloride	100 mg	†
L-Carnitine Tartrate	100 mg	†
Guarana, extract (seed) 22% caffeine alkaloids	150 mg	†
Green Tea, extract (leaf) 25% polyphenols and 20% caffeine	50 mg	†
Eleuthero, extract (root) 0.8% eleutherosides	20 mg	†
Panax Ginseng, extract (leaf) 20% ginsenosides	20 mg	†
Ashwagandha, extract (root) 7% withanolides and 1% alkaloids	20 mg	†
Rhodiola rosea, extract (root) 3% rosavins	20 mg	†

*Percent Daily Value (%DV) are based on a 2,000 calorie diet. † DV not established.

Other Ingredients: Gelatin capsule, Proprietary Protective Methyl B12 Matrix.