

- CHOCOLATE -

SECURE[®]

COMPLETE MEAL REPLACEMENT

ONLY 67 CALORIES • LOW FAT • LOW SODIUM

26 VITAMINS AND MINERALS • 250 MG CALCIUM • 7 GRAMS SOY PROTEIN



0.67 oz (19 g) • 1 Serving

SUGGESTED USE Mix one packet of SECURE in 6 to 12 ounces of water, juice or non-fat milk. Use more or less liquid to achieve the desired flavor intensity. You can also make a delicious “smoothie” by adding non-fat yogurt, juice, ice and fresh or frozen fruit. SECURE provides a delicious, low fat source of healthy protein, vitamins and minerals that makes the ideal meal, snack or dessert replacement that fits perfectly into any weight-management plan. SECURE is not intended to be a primary source of calories, food or meals, but to serve as an occasional meal replacement to achieve one’s weight management goals. This product is most effective as part of a healthy, nutritious diet and active lifestyle, along with one of Andrew Lessman’s multi-vitamin-mineral formulas. **For answers to questions about the use of this product call 800.808.7311.**

Ingredients: Non-GMO Soy Protein Isolate, Fructose, Non-dairy Vegetarian Creamer (Trans Fat Free), Maltodextrin (soluble dietary fiber), Cocoa Powder, Natural & Artificial Flavors, Calcium Citrate, Calcium Citrate Malate. **Contains 2 Percent or less of:** Magnesium Oxide, Calcium Ascorbate, d-alpha Tocopheryl Acetate, Acesulfame Potassium (non-nutritive sweetener), Natural Beta-Carotene, Sucralose (non-nutritive sweetener), Niacinamide, Calcium Pantothenate, Zinc Citrate, Folic Acid, Selenium-Methionine Complex, Cholecalciferol, Pyridoxine Hydrochloride, Cyanocobalamin (Proprietary Protective B12 Matrix), Thiamin Hydrochloride, Riboflavin, Molybdenum Glycinate, Chromium Nicotinate, Potassium Borate, Biotin, Manganese Citrate, Vanadyl Sulfate. **Contains Soy.**



430 Parkson Road • Henderson, NV 89011

©2015 PROCAPS LABORATORIES

604873-03H

Nutrition Facts

Serving Size **1 Packet (19g)**
Servings Per Container **1**

Amount Per Serving	
Calories	67
Calories from Fat	15
	%DV*

Total Fat	1.5g	2%
Saturated Fat	0g	0%
Trans Fat	0g	

Cholesterol	0mg	0%
Sodium	60mg	2%
Potassium	100mg	3%

Total Carbohydrate	7g	2%
Dietary Fiber	2g	8%
Sugars	5g	

Protein	7g	14%
Soy Protein	7g	

Vitamin A	10%	Vitamin C	100%
Calcium	25%	Iron	6%

Vitamin D3	50%	Vitamin E	100%
Vitamin B1	50%	Vitamin B2	50%

Niacin	50%	Vitamin B6	50%
Folic Acid	50%	Vitamin B12	200%

Biotin	50%	Pantothenic Acid	50%
Phosphorus	6%	Magnesium	25%

Zinc	10%	Selenium	35%
Copper	4%	Manganese	4%

Chromium	50%	Molybdenum	35%
----------	-----	------------	-----

* Percent Daily Values (%DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Calories per gram:	Fat 9	Carbohydrate 4	Protein 4