

SUGGESTED USE Consume one or more capsules daily or as recommended by a health care professional. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle, along with a daily multi-vitamin-mineral formula. **For answers to questions about the use of this product, call 800.808.7311.**

THIS PRODUCT IS
ONLY AVAILABLE FROM



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MAGNESIUM INTENSIVE CARE™

MILD, ULTRA-SOLUBLE MAGNESIUM
PURE • ADDITIVE-FREE • NO STOMACH UPSET



DIETARY SUPPLEMENT

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250 Easy-to-Swallow Capsules

Andrew Lessman's MAGNESIUM INTENSIVE CARE is a natural blend of highly absorbable forms of Magnesium designed for optimum uptake without stomach upset. Magnesium is among the most important minerals in the human body. It is essential for hundreds of internal chemical reactions, including all energy production and it is also required for the most fundamental functions of our most critical body systems, such as the skeletal, nervous and cardiovascular systems. It is well-established that our nerves, muscles, brain and heart are dependent on adequate levels of Magnesium to function properly. It also helps us maintain healthy cardiac rhythm, blood pressure and blood sugar control. In short, maintaining adequate Magnesium levels is essential to our good health. Sadly, the typical American diet lacks Magnesium-rich foods, such as green leafy vegetables, legumes, nuts, seeds and unprocessed whole grains. As a result, many Americans unknowingly possess insufficient or deficient Magnesium levels. Fortunately, our **Magnesium Intensive Care** offers a mild and affordable means of obtaining this vital, yet often overlooked mineral in a small, soft, easy-to-swallow capsule containing a super-soluble, highly absorbable, ultra-fine powder that is gentle even to sensitive stomachs.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or manufacturing additives.

CONTAINS NO ADDITIVES OF ANY KIND.

Supplement Facts

Serving Size 1 Capsule Servings Per Container 250

Amount Per Serving		%DV*
Magnesium (as magnesium citrate/malate/oxide)	200 mg	48%

* Percent Daily Values (%DV) are based on a 2,000 calorie diet.

Other Ingredients: Gelatin capsule.