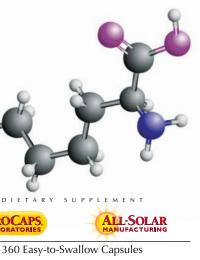
SUGGESTED USE Consume one or more capsules daily or as recommended by your physician. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle. along with a daily multi-vitaminmineral formula. For questions about the use of this product call 800.808.7311.



LYSINE 400[®]

 $400\,\text{mg}$ Lysine \cdot Free Form Amino Acid



Andrew Lessman's LYSINE 400 is a pure, natural source of the essential amino acid L-Lysine. Lysine has become a very popular supplement, because of its role in supporting the immune system, as well as its central role in fat burning and energy metabolism. Lysine is one of nine amino acids referred to as "essential" because it cannot be produced by the body. Lysine is vital for the growth and development of body tissues and also plays a critical role in the body's production of energy, since it is a precursor to acetyl CoA, a critical component of all energy metabolism. Additionally, Lysine is also a precursor to Carnitine, which is essential for all fat metabolism. Lysine also plays an important structural role in the formation of collagen, a vital component of healthy skin, bones, joints and connective tissue (tendons, ligaments and cartilage). Lysine also plays a role in helping the

body manage Calcium. In short, Lysine plays a multitude of critical roles in the most vital systems in our body.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or manufacturing additives.

CONTAINS NO ADDITIVES OF ANY KIND.

Supplement Facts Serving Size 1 Capsule Servings Per Container 360 Amount Per Serving L-Lysine 400 mg † (as L-lysine hydrochloride) † Daily Value not established.

Other Ingredients: Gelatin capsule.