SUGGESTED USE Essential Amino Protein is designed to be an ultra-high efficiency protein source and a convenient substitute for typical protein powders. Determine your daily intake by considering your body weight, dietary protein intake and activity level. General recommendations are at least four capsules (one to four times daily), with higher levels for those engaging in intense physical activity or lacking sufficient dietary protein. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle, along with a daily multi-vitamin-mineral formula. For questions about the use of this product call 800.322.7799.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.



ESSENTIAL **AMINO PROTEIN**

ULTRA-HIGH EFFICIENCY PROTEIN SOURCE FORTIFIED WITH ALL ESSENTIAL AMINO ACIDS



360 Easy-to-Swallow Capsules

Andrew Lessman's ESSENTIAL AMINO PROTEIN starts with an ultrahigh quality, easy-to-digest protein source delivering exceptional potencies of the Essential and Branched Chain amino acids in the form of easy-to-absorb, simpler peptides and free-form amino acids. Typical protein sources and powders contain large complex proteins, but Essential Amino Protein starts with an ultra-high quality protein source and we then create a "super" protein by fortifying it with even higher levels of Essential and Branched Chain amino acids. Essential Amino Protein is not just the most advanced protein source for athletes, but also provides the highest quality amino acids for the structure and maintenance of all our vital organs. It is designed to improve the protein quality of our diet by delivering the Essential amino acid balance of our most critical organs and structures (heart, liver, muscles, etc.). It also delivers the high quality protein necessary for the structure and function of our enzymes, which we rely on to perform ALL biochemical and metabolic activities. It is well-established that the quality (more than the quantity) of protein determines optimum health and physical performance, which is why Essential Amino Protein focuses on quality providing higher levels of the most important, costly and difficult-to-obtain amino acids. Of course, the protein in this product is hormone-free, lactosefree and sodium-free. Essential Amino Protein's convenient and easy-to-swallow capsules contain a perfectly balanced, mild and

CONTAINS NO Soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol,

CONTAINS NO ADDITIVES OF ANY KIND.

powders obsolete.

not intended to diagnose, treat, cure or prevent any disease.

color, preservative or manufacturing additives.

Servings Per Container 90 Amount Per Serving %DV* Calories 10 Protein 2 g 4% I -I vsine^E 400 mg L-Glutamic Acid 300 mg L-Arginine 150 mg I-Leucine 150 mg L-Isoleucine^{EB} 150 mg I-Valine^{EB} 150 mg L-Aspartic Acid 100 mg I-Proline 90 mg L-Serine 50 mg L-Tyrosine 50 mg L-Phenvlalanine^E 40 mg L-Cysteine 25 mg L-Glycine 25 mg I-Alanine 24 mg L-Histidine^E 24 mg I -Threonine^E 22 mg L-Methionine[®] 22 mg easy-to-absorb source of amino acids that renders typical protein L-Tryptophan^E 13 mg * %DV are based on a 2.000 calorie diet. + DV not established These statements have not been evaluated by the Food and Drug Administration. This product is

Supplement Facts

Serving Size 4 Capsules

Ingredients: Calcium Caseinate (milk), L-Lysine HCI, L-Glutamic Acid HCI, Free Form L-Arginine, Free Form L-Isoleucine, Free Form L-Valine, Free Form L-Leucine, Free Form L-Aspartic Acid, L-Cysteine HCI and Free Form L-Glycine, Gelatin capsule,

Essential Amino Acids are marked with an E(E) and Branched Chain Amino Acids are marked with a B(8)