

**SUGGESTED USE** Consume one capsule daily or as recommended by your physician. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle, along with a daily multi-vitamin-mineral formula.

**For questions about the use of this product call 800.808.7311.**



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Effectiveness.

*Andrew Lessman*  
Andrew Lessman  
Founder of ProCaps Labs



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# RESVERATROL 200™

ULTRA-HIGH POTENCY • 200 MG RESVERATROL  
NATURAL EXTRACT OF POLYGONUM CUSPIDATUM



360 Easy-to-Swallow Capsules

**Andrew Lessman's RESVERATROL 200** provides extremely high levels of one of the most powerful, naturally occurring anti-oxidants – Resveratrol. Resveratrol has been the subject of some of the most exciting anti-aging research and although we've offered it for over a decade, it has only recently become available at this exceptional potency in a purified natural form from the *Polygonum Cuspidatum* plant more commonly known as Japanese Knotweed. It is viewed as the key beneficial molecule in Red Wine and is considered a principal part of the healthy Mediterranean diet. Resveratrol is also believed to be responsible for the so-called French Paradox – where the French possess far better heart health than would be expected from their diet and lifestyle. Many times more powerful in anti-oxidant activity than Vitamin E, Resveratrol's well-researched free radical quenching abilities have been shown to support the health of a broad range of body tissues, organs and systems, including the cardiovascular and nervous systems – particularly the delicate tissues of the brain, as well as the breast and the prostate gland. Of particular interest to scientists is Resveratrol's impact on telomeres, which places it at the leading edge of anti-aging research. A glass of Red Wine delivers between 600 and 700 mcg of Resveratrol, while a glass of White Wine delivers between 6 and 35 mcg of Resveratrol, which means that each capsule of our **Resveratrol 200** contains the amount of Resveratrol you would find in 330 to 33,000 glasses of wine! Our **Resveratrol 200** provides an ultra- high potency natural source of wine's most beneficial molecule without a single drop of alcohol.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO** Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or manufacturing additives.

**CONTAINS NO ADDITIVES OF ANY KIND.**

<b>Supplement Facts</b>		
Serving Size 1 Capsule	Servings Per Container 360	
Amount Per Serving		%DV*
Vitamin C (as calcium ascorbate/ascorbyl palmitate)	30 mg	33%
Resveratrol (from <i>Polygonum cuspidatum</i> (root) extract)	200 mg	†

\* Percent Daily Values (%DV) are based on a 2,000 calorie diet.  
† Daily Value not established.

Other Ingredients: Gelatin capsule.