

**SUGGESTED USE** For best results, consume one or more capsules with meals as needed based upon the “gas producing” foods contained in that meal or as recommended by your physician. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle, along with a daily multi-vitamin-mineral formula.

**For questions about the use of this product call 800.332.7799.**

**NOTE** This product is not designed to cure or treat any gastrointestinal disease or health condition and should not be used in the presence of any gastrointestinal disease or problem.

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## NATURAL ENZYME COMPLEX

# BEAN & VEGETABLE GAS RELIEF

BEANS • NUTS • SEEDS • LEGUMES • SOY  
 CRUCIFEROUS VEGETABLES • FRUIT



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240 Easy-to-Swallow Capsules

**Andrew Lessman's BEAN AND VEGETABLE GAS RELIEF** is a mild, natural, food supplement designed to gently and effectively support and enhance your body's natural digestion of gas-causing foods. Sadly, many of the healthiest foods, such as beans, cruciferous vegetables, fruits, nuts, seeds, grains and soy, contain complex molecules that can be difficult for the body to digest, causing gas, bloating and discomfort. The resulting gastrointestinal discomfort and gas discourages us from eating these otherwise extremely healthy foods. All of us are different, but we each know the foods that can cause us gas and discomfort. Scientists have identified molecular sources of gas in these foods, and **Bean and Vegetable Gas Relief** targets those sources and provides natural digestive relief. **Bean and Vegetable Gas Relief** contains a unique blend of special enzyme complexes to break down these offending gas-producing molecules and make these healthy foods less unpleasant by helping to prevent the gas, bloating and discomfort. In addition to these important enzymes, **Bean and Vegetable Gas Relief** contains Papain and Bromelain to help support the digestion of proteins as well. Many people have difficulty enjoying some of the foods they love, but the mild, yet powerful natural enzymes in **Bean and Vegetable Gas Relief** are designed to return the health and pleasure of eating these foods without embarrassment and discomfort.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO** Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or manufacturing additives.

**CONTAINS NO ADDITIVES OF ANY KIND.**

### Supplement Facts

Serving Size 1 Capsule	Servings Per Container 240	
Amount Per Serving		
Alpha Enzyme Complex (10,000 GAL/g)	30 mg	†
Legume Enzyme Complex (30 LEG/g)	100 mg	†
Papain (2,000 USP/mg)	150 mg	†
Bromelain (120 GDU/g)	150 mg	†
† Daily Value not established.		

Other Ingredients: Gelatin capsule.