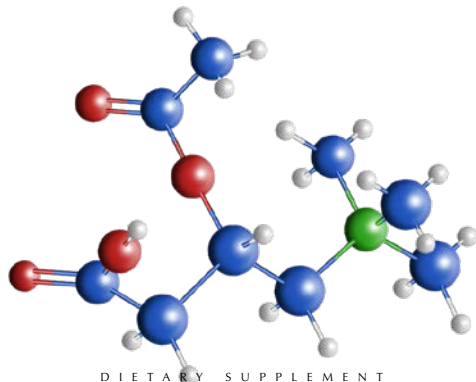


SUGGESTED USE Consume one capsule daily or as recommended by your physician. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle, along with a daily multi-vitamin-mineral formula. **For questions about the use of this product call 800.332.7799.**

ACETYL L-CARNITINE -500-

500 MG ACETYL L-CARNITINE



DIETARY SUPPLEMENT



360 Easy-to-Swallow Capsules

Andrew Lessman's ACETYL L-CARNITINE-500 is an ultra-high potency source of **Acetyl L-Carnitine (ALC)**, which has long been recognized for its essential role in all fat and energy metabolism as well as healthy brain function. **Acetyl L-Carnitine's** importance for fat and energy metabolism stems from Carnitine's role in the movement of ALL fat to the specific site in each cell where it can be burned. Not surprisingly, the highest levels of Carnitine are found in organs performing the most energy and fat metabolism. In fact, over 98% of the body's Carnitine is found in the heart and skeletal muscles. Fat burning and weightloss are challenging and so long as we are making the appropriate dietary and lifestyle changes, we should also ensure an adequate supply of those nutrients required for optimum fat metabolism. **Acetyl L-Carnitine's** overall importance to our body is underscored by its role in the brain, including its ability to bypass the blood-brain barrier. As a result, **ALC** can deliver its benefits directly to the brain. At only 2% of our bodyweight, the brain is relatively small, yet it uses more than 20% of the body's total energy. A healthy brain requires an abundant and uninterrupted supply of energy and **Carnitine** supports the brain's extreme energy requirements. **ALC** also supports healthy blood flow to the brain, which in turn promotes adequate oxygen and nutrient availability. **ALC** also facilitates the production of our brain's most vital neurotransmitter – **Acetylcholine**. In short, **Acetyl L-Carnitine (ALC)** is not just essential for all fat metabolism, but it also plays a central role in supporting optimum brain function.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or manufacturing additives.

CONTAINS NO ADDITIVES OF ANY KIND.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 360

Amount Per Serving

Acetyl L-Carnitine	500 mg	†
(as acetyl L-carnitine HCl)		

† Daily Value not established.

Other Ingredients: Gelatin capsule, ascorbyl palmitate (vitamin C).



www.HSN.com
800.944.9999



www.QVC.com
800.345.1515

QUESTIONS? CALL 800.800.1200
www.PROCAPSLABS.COM

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605342



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HENDERSON, NV 89011

607758-06M

SUGGESTED USE Consume one or more capsules daily or as recommended by your physician. For best results, take this product with food containing a small amount of fat or oil. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle, along with a daily multi-vitamin-mineral formula. **For questions about the use of this product call 800.332.7799.**



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PROMOTES OPTIMUM CALCIUM ABSORPTION

VITAMIN D₃ 2000™

2,000 IU VITAMIN D₃ (CHOLECALCIFEROL)
100 MG CALCIUM • 50 MG MAGNESIUM



DIETARY SUPPLEMENT



720 Easy-to-Swallow Capsules

Andrew Lessman's VITAMIN D₃ 2000 contains 2,000 IU of Vitamin D₃ in its most active and beneficial form – Cholecalciferol. Overwhelming scientific research has validated Vitamin D₃ as the single most important vitamin to supplement. We also combine our Vitamin D with Calcium and Magnesium, because of their shared role in bone health. In fact, Calcium cannot be absorbed without adequate Vitamin D, thus making Vitamin D just as important as Calcium for bone health. That should be enough to encourage everyone to consume extra Vitamin D, but it is Vitamin D's other exciting benefits that are making headlines and have experts urgently seeking to raise the recommended intake of Vitamin D. The body can only produce small amounts of Vitamin D when exposed to sunlight (UV radiation), but reduced sun exposure and increased use of sunscreens, as well as the normal aging process, makes our own internal production of Vitamin D extremely limited and unreliable. Moreover, Vitamin D is not readily available in food – only present in small amounts in some fish and eggs. As a result, for over 40 years, **ProCaps** has always provided extra Vitamin D in all of our multivitamins and Calcium products. An enormous amount of recent research has confirmed the wisdom and necessity of consuming extra Vitamin D, and with our **Vitamin D₃ 2000** you receive the benefits of the most active form of Vitamin D, plus a bonus of essential Calcium and Magnesium.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or manufacturing additives.

CONTAINS NO ADDITIVES OF ANY KIND.

Supplement Facts

	Serving Size 1 Capsule	Servings Per Container 720
Amount Per Serving		%DV*
Vitamin D ₃ (as cholecalciferol)	50 mcg (2,000 IU)	250%
Calcium (as calcium carbonate)	100 mg	8%
Magnesium (as magnesium oxide)	50 mg	12%

* Percent Daily Values (%DV) are based on a 2,000 calorie diet.

Other Ingredients: Gelatin capsule and Vitamin C (as ascorbyl palmitate).

#1 NEW YORK TIMES BESTSELLING AUTHOR

DANIEL G. AMEN, MD

**YOUR
BRAIN IS
ALWAYS
LISTENING**

**TAME THE HIDDEN DRAGONS
THAT CONTROL YOUR HAPPINESS,
HABITS, AND HANG-UPS**

