SUGGESTED USE
Consume two or more capsules daily or as recommended by your physician. For best results take this product with food, preferably a complete meal. For questions about the use of this product call 800-332-7799.

FOR OVER 40 YEARS
Unsurpassed Purity, Quality and Efficacy
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ANDREW LESSMAN’s PHOSPHATIDYL CHOLINE LIVER AND BRAIN BENEFITS provides a concentrated, stable source of the most important phospholipids essential for healthy brain and liver function. We focus on Phosphatidyl Choline (PC), since it is the predominant phospholipid in both the brain and liver and is now recognized by the FDA as an essential nutrient because of its important role and scarcity in our diet. PC is essential for the creation of all brain and liver cells, as well as the production of our most important neurotransmitter – Acetylcholine. PC is also required to produce the protective sheath for our brain and nerve cells. The human brain is extraordinary; yet, as we age, we experience significant changes in memory and brain function. PC is a first line of defense to help support the retention of our brain’s remarkable abilities and combat those normal, age-related changes in memory, concentration and mental acuity. As vital as the brain is, the liver is arguably our hardest working organ and PC makes up two-thirds of its enormous surface area (almost 8 acres!) where it performs protein, fat and cholesterol metabolism, as well as processing all waste products (alcohol, medicines, etc.) and almost single-handedly doing all the “dirty” work required to maintain a healthy internal environment. Not surprisingly, the regenerative powers of the liver are unique among all internal organs and PC empowers the liver to rebuild and regenerate its hard-working tissues. In short, there is no more important building block to support and promote the health of our brain and liver than Phosphatidyl Choline (PC).

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OF ANY KIND.
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Andrew Lessman’s LIVER ANTI-OXIDANT EXTRACTS is a unique blend of plant extracts and nutrients formulated for optimum liver health. It includes Milk Thistle, Turmeric and Artichoke extracts, each standardized for their most beneficial compounds. The liver is our largest and perhaps our hardest working organ, laboring constantly to maintain a healthy internal environment. The liver processes all alcohol, drugs and chemicals that enter our body, while metabolizing cholesterol, fat, sugar and protein. In short, good health requires a healthy liver. This formula begins with our unique Milk Thistle extract standardized for high levels of Silymarin in the form of a highly active Phospholipid Complex. Silymarin has been respected for centuries and has been shown to help protect liver cells from damage while promoting the liver’s regenerative capacity. We add our activated Curcumin Phospholipid Complex with its high levels of protective Curcuminoids. Like Milk Thistle, Turmeric possesses a myriad of protective, regenerative and detoxifying benefits for the liver. Lastly, we add Artichoke extract and key B-vitamins to ensure the liver has all it needs to perform its vital work.

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CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or manufacturing additives.

Andrew Lessman, Founder
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