

SUGGESTED USE Consume two or more capsules daily or as recommended by a health care professional. For best results take this product with food, preferably a complete meal. This product is most effective as part of a healthy diet and active lifestyle, along with one of **ANDREW LESSMAN'S** multi-vitamin-mineral formulas. **For answers to questions about the use of this product, call 800.808.7311.**

PHOSPHATIDYL CHOLINE PC LIVER & BRAIN BENEFITS™

ULTRA-CONCENTRATE LIQUID "PC"
PHOSPHATIDYL CHOLINE



DIETARY SUPPLEMENT

PROCAPS
LABORATORIES

ALL-SOLAR
MANUFACTURING

240 Easy-to-Swallow Capsules

Andrew Lessman's PHOSPHATIDYL CHOLINE LIVER AND BRAIN BENEFITS provides a concentrated, stable source of the most important phospholipids essential for healthy brain and liver function. We focus on *Phosphatidyl Choline (PC)*, since it is the predominant phospholipid in both the brain and liver and is now recognized by the FDA as an essential nutrient because of its important role and scarcity in our diet. *PC* is essential for the creation of all brain and liver cells, as well as the production of our most important neurotransmitter – Acetylcholine. *PC* is also required to produce the protective sheath for our brain and nerve cells. The human brain is extraordinary; yet, as we age, we all experience significant changes in memory and brain function. *PC* is a first line of defense to help support the retention of our brain's remarkable abilities and combat those normal, age-related changes in memory, concentration and mental acuity. As vital as the brain is, the liver is arguably our hardest working organ and *PC* makes up two-thirds of its enormous surface area (almost 8 acres!) where it performs protein, fat and cholesterol metabolism, as well as processing all waste products (alcohol, medicines, etc) and almost single-handedly doing all the "dirty" work required to maintain a healthy internal environment. Not surprisingly, the regenerative powers of the liver are unique among all internal organs and *PC* empowers the liver to rebuild and regenerate its hard-working tissues. In short, there is no more important building block to support and promote the health of our brain and liver than *Phosphatidyl Choline (PC)*.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, yeast, corn, wheat, gluten, sodium, salt, sugar, cholesterol, color, preservative or manufacturing additives.

CONTAINS NO ADDITIVES OF ANY KIND.

Supplement Facts

Serving Size 2 Softgels	Servings Per Container 120
Amount Per Serving	%DV*
Calories 10	
Calories from Fat 10	
Total Fat 1g	2%
Trans Fat 0g	
Soy Lecithin Oil	1,200 mg (1.2 g) †
Phosphatidyl Choline	420 mg
Choline	60 mg
Phosphatidyl Ethanolamine	60 mg
Phosphatidyl Inositol	36 mg
alpha-Linolenic Acid (Omega-3)(from flaxseed oil)	35 mg †

* Percent Daily Values (%DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Soft-gelatin capsule (Gelatin, purified water, glycerin).

UNSURPASSED.

Purity. Quality. Integrity. Effectiveness.



Andrew Lessman
Andrew Lessman
Founder of ProCAPS LABS

THIS PRODUCT IS
ONLY AVAILABLE FROM

HSN

800.944.9999
www.HSN.COM

PROCAPS
LABORATORIES

800.800.1200
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LIVER ANTI-OXIDANT EXTRACTS™

MILK THISTLE (SILYMARIN)

TURMERIC (CURCUMIN) • ARTICHOKE



PROCAPS LABORATORIES

ALL-SOLAR MANUFACTURING

240 Easy-to-Swallow Capsules

LIVER ANTI-OXIDANT EXTRACTS is a unique blend of plant extracts and nutrients formulated for optimum liver health. It includes Milk Thistle, Turmeric and Artichoke extracts, each standardized for their most beneficial compounds. The liver is our largest and perhaps our hardest working organ, laboring constantly to maintain a healthy internal environment. The liver processes all alcohol, drugs and chemicals that enter our body, while metabolizing cholesterol, fat, sugar and protein. In short, good health requires a healthy liver. This formula begins with our unique Milk Thistle extract standardized for high levels of Silymarin in the form of a highly active Phospholipid Complex. Silymarin has been respected for centuries and has been shown to help protect liver cells from damage while promoting the liver's regenerative capacity. We add our activated Curcumin Phospholipid Complex with its high levels of protective Curcuminoids. Like Milk Thistle, Turmeric possesses a myriad of protective, regenerative and detoxifying benefits for the liver. Lastly, we add Artichoke extract and key B-vitamins to ensure the liver has all it needs to perform its vital work.

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CONTAINS NO ADDITIVES OR COMMON ALLERGENS OF ANY KIND.

Supplement Facts		
Serving Size 1 Capsule	Servings Per Container 240	
Amount Per Serving	%DV*	
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	250%
Vitamin B12 (as methylcobalamin - protected Coenzyme B12)	25 mcg	417%
Pantothenic Acid (as calcium pantothenate)	5 mg	50%
Silymarin Phospholipid Complex (Milk thistle, 80% extract (fruit/seed) and phospholipids)	100 mg	†
Curcumin Phospholipid Complex (Turmeric, 95% extract (root) and phospholipids)	100 mg	†
Artichoke, extract (leaf) standardized to 2.5% cynarin	100 mg	†
Total Phospholipids	25 mg	†

* Percent Daily Values (%DV) are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Gelatin capsule, Proprietary Protective Methyl B12 Matrix.