SUGGESTED USE Consume one or more capsules daily with food or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle, along with one of ANDREW LESSMAN'S multivitamin-mineral formulas. For answers to questions about the use of this product call 800.800.1200.







Andrew Lessman's ALOE VERA 200 provides 200 mg of our exceptional 200:1 ultra-concentrate of pure Aloe Vera derived from the prized inner filet of the Aloe Vera Barbadensis plant. Our Aloe Vera is grown in exceptionally fertile soil and never exposed to frost while growing or heat during production. Our Aloe's benefits are so highly concentrated that it requires 12 pounds of pure Aloe Vera to create just one ounce of our unique powder. Our Aloe also meets the most rigorous standards of the International Aloe Science Council to ensure it is of the highest quality and purity. Used externally, the Aloe Vera plant has been relied upon for centuries to support the body's wound-healing capabilities, as well as to soothe skin irritation, such as sunburn. Used internally, Aloe is most respected for the relief it provides to the stomach and digestive system where it supports the health and integrity of the gastrointestinal lining. Its soothing benefits have also been noted for our joints and immune system. Aloe's myriad of benefits result from

its rich array of healing substances and our pure **Aloe Vera 200** is specifically designed to deliver high levels of these beneficial compounds as economically and conveniently as possible.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS OF ANY KIND.

Supplement Facts Serving Size 1 Capsule Servings Per Container 360		
Amount Per Serving	%DV*	
Vitamin C (as calcium ascorbate/a	30 mg 50% scorbyl palmitate)	
Aloe Vera, organic powder (200:1 concentrate	leaf) 200 mg †	
* Percent Daily Values (%DV) are t DV not established.	e based on a 2,000 calorie diet.	

Other Ingredients: Gelatin capsule.

SUGGESTED USE Consume one or more capsules before or during a meal, based upon the digestive burden of that meal. To determine the digestive burden of a meal, consider its overall size, as well as its protein, fat and complex carbohydrate content. This product is most effective as part of a healthy diet and active lifestyle, along with one of **ANDREW LESSMAN'S** multivitamin-mineral formulas. For answers to **questions about the use of this product, call 800.800.1200.**



QUESTIONS? RE-ORDERS? CALL 800.800.1200 www.PROCAPSLABS.com

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COMPLETE DIGESTION FORMULA ENZYMES FROM VEGETARIAN SOURCES



360 Easy-to-Swallow Capsules

Andrew Lessman's DIGEST ASSURE is a mild, natural food supplement designed to support and enhance our body's normal digestive processes. Digest Assure contains a comprehensive, balanced blend of enzymes to help our body digest and benefit from the diverse and very complex foods we eat. Unlike most digestive enzyme products, which are derived from pig, ox and beef bile, Digest Assure's enzyme blend is entirely produced from natural, vegetarian sources. Its active ingredients are balanced to help our bodies break down the macronutrients (proteins, carbohydrates and fats) we consume into smaller molecules that can be absorbed to nourish and benefit our body. Macronutrients make up the greatest portion of our diet, and when broken down by our natural *Protease*, *Amylase* and *Lipase* enzymes, they can be used to provide our body with the structural components it requires, as well as fuel to produce energy. In addition to these three important enzymes, Digest Assure also contains *Cellulase* to

aid in fiber digestion, *Lactase* to break down dairy products, as well as natural *Papain* and *Bromelain* for additional support in converting proteins into absorbable amino acids. Many factors, including stress and aging, can make the complete digestion of the food we eat very difficult or impossible, which is why the mild, yet powerful, natural enzymes in **Digest Assure** are so important to the benefits of a healthy diet. **Supplement Fact** Serving Size 1 Capsule Servings **Amount Per Serving** Proprietary Digestive Enzyme Blend Protease (500,000 HUT/g and 5,0 Amylase (90,000 DU/g) Bromelain (120 GDU/g) Papain (2,000 USP/mg)

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or manufacturing additives.

CONTAINS NO ADDITIVES OF ANY KIND.

Supplement Facts Serving Size 1 Capsule Servings Per Container	360
Amount Per Serving	
Proprietary Digestive Enzyme Blend 453 mg	†
Protease (500,000 HUT/g and 5,000 SAPU/g)	
Amylase (90,000 DU/g)	
Bromelain (120 GDU/g)	
Papain (2,000 USP/mg)	
Lipase (15,000 LU/g)	
Cellulase (30,000 CU/g)	
Lactase (51,500 ALU/g)	
+ Daily Value not established	

Other Ingredients: Gelatin capsule.

SUGESTED USE Consume one or more capsules daily or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle, along with one of ANDREW LESSMAN'S multivitamin-mineral formulas. For answers to questions about the use of this product, call 800.800.2200.

NOTE This product should be stored in a cool, dry place and kept away from sources of heat or humidity. It does not require refrigeration.

QUESTIONS? REORDERS? CALL 800.800.1200 www.ProCapsLabs.com



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430 Parkson Road Henderson, NV 89011

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Friendly Flora

PROBIOTIC COMPLEX • 5 BILLION CFU FIVE STRAINS OF BENEFICIAL MICROFLORA



Andrew Lessman's FRUENDLY FLORA is our unique, comprehensive blend of five strains of Probiotic (Friendly Flora) species, delivering a remarkable 5 Billion Colony Forming Units (CFU) per capsule. It is intended to enhance and promote the population of beneficial *Friendly Flora* (healthy microorganisms) throughout our body, particularly to support our digestive, immune, urinary and genital systems. Probiotic means "for life" and Probiotics have been naturally and beneficially consumed for thousands of years. It is well established that the *Friendly Flora* that populate our GI (gastrointestinal) tract play a vital role in promoting healthy digestive function; as well as enhancing our ability to aborb key nutrients. and maintaining healthy mune status. **Friendly Flora** provides five carefully selected varieties of *microflora*, each possessing its own unique properties, since a diverse and balanced population of *Friendly Flora* is required for optimum benefits. The delicate balance of microflora in our digestive system is easily uspet by daily stress, digestive system, including antacids or even worse, antibiotics, anturing healthy microflora that diffect the digestive system, including antacids or even worse, antibiotics, and maintain shat affect the digestive system, including antacids or even worse, antibiotics.

which can wipe out our Friendly Flora. The most common source of microflora in the diet is yogurt, but it generally contains low and unreliable levels of just a single strain. and vogurt can present digestive issues, along with unwanted sugar and calories. Our Friendly Flora provides a remarkable 5 Billion CFU (Colony Forming Units) per capsule of five distinct varieties of Friendly Flora specially selected for their unique stability and bioavailability. The result is a uniquely comprehensive formula that retains its potency to ensure the benefits you seek for all the body systems that depend on Friendly Flora. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. CONTAINS NO COMMON ALLERGENS OF ANY KIND.

Serving Size 1 Capsule Servings F	Per Contain	er 18
Amount Per Serving		%DV
Magnesium (as magnesium malate/stearate)	50 mg	13%
Total CFU (Colony Forming Units)	5 Billion	†
Lactobacillus acidophilus (La-14)	2 Billion C	FU
Lactobacillus plantarum (Lp-115)	1 Billion C	FU
Lactobacillus salivarius (Ls-33)	1 Billion C	FU
Bifidobacterium lactis (BI-04/Bi-07)	1 Billion C	FU

Other Ingredients: Natural plant cellulose (acid resistant) vegetarian capsule, Silicon dioxide.