



PRODUCT GUIDE

Dedicated to the Health of Our Customers... And to Our Planet.

For more than 35 years, Andrew Lessman's **ProCaps Laboratories** has been a leader in the development of advanced nutritional supplements without the additives and problems associated with ordinary products. Today, these exceptional products are created in the world's only 100% solar-powered facility in Henderson, Nevada. ProCaps Laboratories is unique not only for the unique purity of the products it creates, but also for the purity of the power used to make them.

Call **800.800.1200** or visit **ProCapsLabs.com** to learn more!



Multivitamins



Complete™ (Available in Men's or Women's formulas)

A comprehensive, all-powder blend of over 35 nutrients, including high potencies of all the essential vitamins and minerals plus ultra-high potencies of anti-oxidants and carotenoids.

	Regular	ProCaps Direct
30 Packets	\$42.90	\$35.90
60 Packets	\$74.90	\$59.90
120 Packets	\$139.90	\$99.90

(Also available: **Complete™ with Maximum Essential Omega-3**)



Elite-100™ (Available in Men's or Women's formulas)

Elite-100 builds on our foundational Complete formula with increased levels of many nutrients plus 100 mg each of CoQ10, Alpha Lipoic Acid, EGCG, Resveratrol and Pomegranate.

	Regular	ProCaps Direct
30 Packets	\$119.90	\$69.90
60 Packets	\$219.90	\$119.90
120 Packets	\$419.90	\$199.90

(Also available: **Elite-100™ with Maximum Essential Omega-3**)



Essential-1™ (Also available with Vitamin D3 -3000)

Delivers more of the benefits you seek than any other single-pill-per-day multivitamin while doing so without any of the problems, additives or impurities typical of all the leading brands.

	Regular	ProCaps Direct
30 Capsules	\$20.90	\$16.90
60 Capsules	\$34.90	\$27.90
180 Capsules	\$84.90	\$69.90
360 Capsules	\$149.90	\$119.90

Other Multivitamins available:

**Elite-200™ • Founder's™ • Prenatal Essentials™
Children's Complete™ Vitamin & Mineral Drink**

Comprehensive Support



Andrew's Five Favorites™

A convenient and economical blend of Andrew's five favorite antioxidants with 200 mg each of Coenzyme Q-10, Alpha Lipoic Acid, Resveratrol, EGCG and Pomegranate.

	Regular	ProCaps Direct
30 Capsules	\$34.90	\$29.90
60 Capsules	\$59.90	\$49.90
120 Capsules	\$109.90	\$89.90
240 Capsules	\$179.90	\$149.90
500 Capsules	\$299.90	\$249.90

Other Comprehensive Support products available:

Ultimate Anti-Oxidant Extracts™ • Million ORAC™ • World Health™

CoEnzyme Q-10



CoEnzyme Q10-100™ (Also available: 200 and 300)

Delivers 100 mg of the world's finest natural Coenzyme Q-10 along with high levels of all the B-Complex vitamins, including our protected B12, and Vitamin C.

	Regular	ProCaps Direct
30 Capsules	\$22.90	\$17.90
60 Capsules	\$34.90	\$29.90
180 Capsules	\$99.90	\$79.90
360 Capsules	\$179.90	\$139.90



TruQ10-QH® Ubiquinol-50/ Vitamin B12-100™ Bundle TruQ10-QH Ubiquinol-100 also available

Excellent support for energy production and hemoglobin synthesis with 50 mg of the natural Ubiquinol form of CoQ10 bundled with 100 mcg of our unique "potency protected" Vitamin B-12.

	Regular	ProCaps Direct
30 Capsules ea.	\$29.90	\$24.90
60 Capsules ea.	\$54.90	\$44.90
120 Capsules ea.	\$99.90	\$79.90
240 Capsules ea.	\$179.90	\$139.90

Other related products available:

**N-Acetyl Cysteine-500 • ALA-400 Alpha Lipoic Acid
Alpha Lipoic Acid with N-Acetyl Cysteine**

New Products



Ultimate Oatmeal™

Made from premium organic, gluten-free rolled oats and contains heart-healthy fiber and cholesterol-lowering, non-GMO sourced Phytosterols.

	Regular	ProCaps Direct
30 Servings	\$29.90	\$24.90
60 Servings	\$54.90	\$44.90
90 Servings	\$79.90	\$64.90
180 Servings	\$139.90	\$109.90

(Also available: **Ultimate Oat Bran™**)



Berberine 250

Offers comprehensive and standardized benefits from Berberine, a bright yellow plant alkaloid sourced from Barberry Root, and distinguished for its health-promoting properties.

	Regular	ProCaps Direct
60 Capsules	\$23.90	\$19.90
180 Capsules	\$59.90	\$49.90
360 Capsules	\$109.90	\$89.90
720 Capsules	\$199.90	\$159.90

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Research and Order at ProCapsLabs.com

Joint Support



Maximum Joint Effort®

Our most comprehensive All Sulfate, Sodium-Free formula for the maintenance and repair of healthy joint tissue contains 1,500 mg of Glucosamine Sulfate and 1,200 mg of Chondroitin Sulfate, plus 800 mg of M.S.M. and 100 mg of Curcumin.

	Regular	ProCaps Direct
60 Packets	\$104.90	\$89.90



Complete Joint Effort®

Sodium-Free formula of 1,500 mg Glucosamine Sulfate and 1,200 mg Chondroitin Sulfate plus Soluble Organic Silicon are combined together in a Perma-Fresh Purple Packet to provide convenient support for the maintenance and repair of your joints.

	Regular	ProCaps Direct
60 Packets	\$72.90	\$59.90
120 Packets	\$119.90	\$99.90



Glucosamine 1500 and Chondroitin 1200™

Combines Glucosamine Sulfate (1,500 mg) and Chondroitin Sulfate (1,200 mg) together in a Sodium-Free formulation to support the maintenance and repair of your joints.

	Regular	ProCaps Direct
60 Capsules	\$22.90	\$17.90
120 Capsules	\$42.90	\$32.90
240 Capsules	\$79.90	\$59.90
480 Capsules	\$134.90	\$99.90



Turmeric-400™

Standardized for Curcuminoids and complexed with activating phospholipids to isolate, protect and facilitate absorption.

	Regular	ProCaps Direct
30 Capsules	\$24.90	\$19.90
60 Capsules	\$44.90	\$34.90
120 Capsules	\$74.90	\$59.90
240 Capsules	\$129.90	\$99.90

Other Joint Support products available:

Glucosamine Sulfate-1500™ • Chondroitin Sulfate-1200 M.S.M. 500™ • Turmeric 200 Ginger Root 200

Fruit & Berry Extracts



Fruit Full Anti-Oxidant Extracts™

Combines the beneficial anti-oxidant properties from 14 of the most popular and researched berry and fruit extracts and concentrates to provide a broad spectrum of anti-oxidant protection.

	Regular	ProCaps Direct
30 Capsules	\$18.90	\$14.90
60 Capsules	\$32.90	\$24.90
180 Capsules	\$74.90	\$59.90
360 Capsules	\$129.90	\$99.90



Pomegranate 40:40 Complex™

Provides a uniquely high, 40% standardization of both Punicalagin and Ellagic Acid assuring you the greatest benefits without sugar, calories, sweeteners or preservatives.

	Regular	ProCaps Direct
30 Capsules	\$17.90	\$14.90
60 Capsules	\$29.90	\$24.90
180 Capsules	\$69.90	\$59.90
360 Capsules	\$124.90	\$99.90



Ultimate Açai Berry Extracts™

These extracts provide a trustworthy source of the beneficial compounds found in this super-fruit without the sugar, calories and unethical claims typical of Açai products.

	Regular	ProCaps Direct
30 Capsules	\$17.90	\$14.90
60 Capsules	\$29.90	\$24.90
180 Capsules	\$69.90	\$59.90
360 Capsules	\$124.90	\$99.90

Other Fruit & Berry Extract products available:

Cranberry Benefits™ • Green Tea EGCG & Cranberry™ Lycopene-10™ • Grape Seed Extract™

Skeletal Support



Calcium Intensive Care™

The standard for skeletal support. Delivers 500 mg of our highly absorbable Calcium, 250 IU of Vitamin D₃, and 1,000mcg of Boron.

	Regular	ProCaps Direct
60 Capsules	\$12.90	\$9.90
180 Capsules	\$32.90	\$26.90
360 Capsules	\$57.90	\$47.90
500 Capsules	\$74.90	\$59.90
1000 Capsules	\$124.90	\$99.90



Calcium-Magnesium Intensive Care™

Because of its ultra-fine powder and super-soluble ingredients, this gentle formula remains mild despite delivering 500 mg Calcium, 200 mg Magnesium and 250 IU Vitamin D₃.

	Regular	ProCaps Direct
60 Capsules	\$13.90	\$10.90
250 Capsules	\$45.90	\$37.90
500 Capsules	\$79.90	\$64.90
1000 Capsules	\$134.90	\$109.90

Other Skeletal Support products available:

Ult. Calcium Intensive Care™ • Magnesium Intensive Care Vitamin D₃-1000 plus Calcium Intensive Care™

Eye & Vision Support



Ultimate Eye Support®

Provides 10 mg Lutein and 4 mg Zeaxanthin plus a comprehensive blend of a dozen phytonutrients and anti-oxidants to support healthy vision and protect the delicate tissues of the eye.

	Regular	ProCaps Direct
30 Capsules	\$19.90	\$15.90
60 Capsules	\$34.90	\$27.90
180 Capsules	\$89.90	\$74.90
360 Capsules	\$159.90	\$129.90

Other Eye & Vision Support products available:

Maximum Eye Support® • Lutein-10™ • Astaxanthin

Vegetable & Spice Extracts



Cruciferous Extracts™

Given our limited consumption of Cruciferous vegetables we created a formula containing powerful extracts of Brussels sprouts, Broccoli, Red Cabbage, Kale and others.

	Regular	ProCaps Direct
30 Capsules	\$17.90	\$14.90
60 Capsules	\$29.90	\$24.90
180 Capsules	\$69.90	\$59.90
360 Capsules	\$124.90	\$99.90



Cinnamon-350™

A unique high-potency blend of standardized Cinnamon extract delivering the powerful protective compounds naturally present in this nutritionally-rich spice to support healthy glucose metabolism.

	Regular	ProCaps Direct
30 Capsules	\$10.90	\$8.90
60 Capsules	\$17.90	\$14.90
120 Capsules	\$29.90	\$24.90
240 Capsules	\$54.90	\$44.90



Green Foods Complex™

We've packed this blend with 100 mg each of Barley Grass, Wheat Grass, Blue-Green Algae, Chlorella and Spirulina to supply the building blocks for tissue growth and maintenance.

	Regular	ProCaps Direct
60 Capsules	\$18.90	\$14.90
180 Capsules	\$49.90	\$39.90
360 Capsules	\$89.90	\$69.90

Other Vegetable & Spice Extract products available:

Pine Bark OPC Anti-Oxidants™ • Deodorized Garlic Spice of Life™

Women's Wellness



Bone & Body Factors™

Get the combined benefits of Calcium-Magnesium Intensive Care, Women's Wellness and more in an economical, convenient supplement designed to support bone health and the special needs of women at all stages of life.

	Regular	ProCaps Direct
60 Capsules	\$74.90	\$64.90
120 Capsules	\$129.90	\$109.90
180 Capsules	\$179.90	\$149.90



Ultimate Women's Wellness™

A 100% natural formula includes our highest levels of natural isoflavones and phytoestrogens along with all 8 Essential B Vitamins and Indole-3-Carbinol.

	Regular	ProCaps Direct
60 Capsules	\$30.90	\$24.90
180 Capsules	\$84.90	\$69.90
360 Capsules	\$154.90	\$124.90



Healthy Hair, Skin & Nails™

A unique combination of nutrients including ultra-high levels of Biotin specifically designed to support and maintain the growth of healthy hair, skin and nails.

	Regular	ProCaps Direct
50 Capsules	\$16.90	\$13.90
100 Capsules	\$29.90	\$24.90
250 Capsules	\$64.90	\$54.90
500 Capsules	\$119.90	\$94.90



Breast Health™

Key nutrients and a variety of anti-oxidants to support the health of the delicate tissues of a woman's breast at all stages of life.

	Regular	ProCaps Direct
60 Capsules	\$34.90	\$26.90
180 Capsules	\$89.90	\$69.90
360 Capsules	\$149.90	\$119.90

Other Women's Wellness products available:

**Women's Wellness™ • Positive Passage™ • Evening Primrose™
Marine Collagen Peptides™**

Digestion Support



Fibermucil™

This blend of both water-soluble and bulk fiber plus *Lactobacillus sporogenes* can help maintain healthy blood cholesterol, aid flora in the GI tract and support weight-loss.

	Regular	ProCaps Direct
60 Capsules	\$12.90	\$9.90
180 Capsules	\$29.90	\$24.90
360 Capsules	\$54.90	\$44.90
720 Capsules	\$99.90	\$79.90
1000 Capsules	\$124.90	\$99.90



Digest Assure™

Our digestive enzyme blend from all-natural vegetarian sources of Amylase, Cellulase, Lipase, Protease, Lactase, Papain and Bromelain aids the digestion process.

	Regular	ProCaps Direct
60 Capsules	\$21.90	\$17.90
180 Capsules	\$59.90	\$49.90
360 Capsules	\$109.90	\$89.90



Friendly Flora

This blend of Prebiotic and Probiotic ingredients provides over Five Billion CFU of five varieties of Friendly Flora specifically selected for their stability at room temperature.

	Regular	ProCaps Direct
30 Capsules	\$12.90	\$9.90
60 Capsules	\$19.90	\$15.90
90 Capsules	\$28.90	\$22.90
180 Capsules	\$49.90	\$39.90

Other Digestion Support products available:

**Bean & Vegetable Gas Relief™ • Dairy & Lactose Tolerance™
Fiber Benefits® • Aloe Vera 200™ • Aloe Vera 400™
Complete Digestion Kit • Ultimate Friendly Flora
Aloe Vera 200 Ginger Root 200 • Ginger Root-450™**

Weight Management

Secure® Complete Meal Replacement

More than just a delicious and easy meal replacement, Secure is also an extremely healthy and nutritious source of protein and fiber. Plus, Secure provides between 50% and 200% of your daily requirement of 11 essential vitamins, as well as 14 vital minerals, including 200 mg of Calcium.



Secure® Soy Bottles Vanilla, Chocolate, Coffee, Mixed Berry, and Piña Colada (Vanilla, Chocolate & Coffee also available in Packets).

	Regular	ProCaps Direct
10 Servings	\$19.90	\$16.90
30 Servings	\$41.90	\$34.90
60 Servings	\$69.90	\$59.90
100 Servings	\$114.90	\$89.90



Secure® Whey Bottles Vanilla, Chocolate and Coffee.

	Regular	ProCaps Direct
10 Servings	\$22.90	\$18.90
30 Servings	\$54.90	\$44.90
60 Servings	\$99.90	\$79.90



CarniSlim™-1250 with Fat Burning Factors

Our highest-potency Ephedra-free Carnitine formula provides 1,250 mg of pure liquid Carnitine plus nine other vitamins and minerals to help you safely maximize your fat-burning potential.

	Regular	ProCaps Direct
30 Servings	\$24.90	\$19.90
60 Servings	\$44.90	\$34.90
120 Servings	\$84.90	\$64.90



Energy & Fat Metabolism Factors™

Designed to enhance fat burning, increase energy, gently elevate the body's metabolism and provide a sense of well-being without the use of the Ephedrine-containing herb, Ma Huang.

	Regular	ProCaps Direct
30 Capsules	\$12.90	\$9.90
60 Capsules	\$21.90	\$17.90
180 Capsules	\$59.90	\$49.90
360 Capsules	\$109.90	\$89.90

Other Weight Management products available:

CarniSlim™-250(caps) • A.M. Activator & P.M. Relaxation Kit™

Memory, Brain & Liver Support



Memory & Brain w/ALC and PC Liver & Brain™

Combines both our Memory & Brain w/Acetyl L-Carnitine and Phosphatidyl Choline Liver & Brain Benefits to provide incredibly comprehensive brain and liver support.

	Regular	ProCaps Direct
60 Packets	\$77.90	\$67.90
180 Packets	\$139.90	\$119.90



Memory & Brain w/Acetyl L-Carnitine™

Provides Vinpocetine, Ginkgo and 500 mg of Acetyl L-Carnitine to naturally support memory and overall mental function.

	Regular	ProCaps Direct
30 Capsules	\$18.90	\$15.90
60 Capsules	\$32.90	\$26.90
180 Capsules	\$79.90	\$64.90
360 Capsules	\$139.90	\$109.90



Ultimate PC+ Liver & Brain Granules™

The most ultra-concentrated and economical way of delivering essential phospholipids with exceptionally high levels of Phosphatidyl Choline (1,000 mg per serving).

	Regular	ProCaps Direct
60 Servings	\$24.90	\$19.90
180 Servings	\$59.90	\$49.90
360 Servings	\$99.90	\$79.90

Other Memory, Brain & Liver Support products available:

**PC Liver & Brain Benefits™(softgel capsules) • Liver Anti-Oxidant
Extracts™ • Ginkgo Biloba-120™ • Acetyl L-Carnitine-500™
Ginkgo-120 plus Ginseng-200™ • PS 100 Phosphatidyl Serine
PS 200 Phosphatidyl Serine**

Separate products also available in assorted kits.

Questions? Orders? Call 800.800.1200

Product prices and availability are subject to change.

Research and Order at ProCapsLabs.com

Heart/Cardiovascular Support



Circulation & Vein Support™

Our bioflavonoid blend (including 600 mg Diosmin) is specifically designed to help improve the health of your circulatory system, particularly the veins and capillaries of the legs.

	Regular	ProCaps Direct
30 Capsules	\$18.90	\$14.90
60 Capsules	\$32.90	\$24.90
180 Capsules	\$74.90	\$59.90
360 Capsules	\$129.90	\$99.90



Maximum Essential Omega-3™ (Available in: Orange, Mint or Unflavored) This mercury free blend provides 1,290 mg fish oil with 45 mg of DHA, 350 mg of EPA, 50 mg of DPA and 100 mg of ALA-rich Flaxseed Oil. Plus, our natural orange and mint flavors guarantee no fishy aftertaste.

	Regular	ProCaps Direct
30 Capsules	\$20.90	\$17.90
60 Capsules	\$34.90	\$28.90
180 Capsules	\$84.90	\$69.90
360 Capsules	\$149.90	\$119.90



CholestaCare™

Provides an FDA approved ingredient to help reduce total and LDL cholesterol levels.

	Regular	ProCaps Direct
60 Capsules	\$24.90	\$19.90
180 Capsules	\$64.90	\$49.90
360 Capsules	\$109.90	\$89.90
720 Capsules	\$199.90	\$149.90
1000 Capsules	\$249.90	\$189.90

Other Heart/Cardiovascular Support products available:

Cholestacare™ plus Fibermucil™ • Ultimate Krill Omega-3™ Essential Omega-3™ (Available in: Orange, Mint or Unflavored)
Ultimate Oatmeal™ • Ultimate Oat Bran™

Energy/Sport



Urgent Energy™

Ephedra-free formula enhances energy and well-being with 120 mg each of Green Tea and Guarana, plus Asian Ginseng, Eleuthero, Ashwagandha and Royal Jelly.

	Regular	ProCaps Direct
30 Capsules	\$10.90	\$8.90
60 Capsules	\$17.90	\$14.90
180 Capsules	\$49.90	\$39.90
360 Capsules	\$89.90	\$69.90



Ultimate Whey Protein Isolate™

An outstanding source of ultra-pure, all natural, non-GMO Whey Protein Isolate, complete with the added benefits of the essential amino acids and free of excess fats, carbs and additives.

	Regular	ProCaps Direct
25 Servings	\$34.90	\$29.90
50 Servings	\$59.90	\$49.90
100 Servings	\$109.90	\$89.90

Other Energy/Sport products available:

Oxy-Energizer™ • Body Fuel® • Essential Amino Protein™ Ginseng-200™

Resveratrol & EGCG



Resveratrol-100™ EGCG-100™

Now you can enjoy the benefits of the naturally occurring antioxidants from Mother Nature's two most protective beverages - without the alcohol or caffeine.

	Regular	ProCaps Direct
30 Capsules	\$24.90	\$19.90
60 Capsules	\$44.90	\$34.90
180 Capsules	\$114.90	\$89.90
360 Capsules	\$199.90	\$159.90

Other Resveratrol & EGCG products available:

Resveratrol-100™ • Resveratrol-200™ • Green Tea EGCG-200™ Resveratrol-100 with Pomegranate 40-40™ Resveratrol 100 Green Tea EGCG 100 Pomegranate 40-40 Resveratrol 100 Green Tea 100 Grape Seed 100 Pomegranate 100

Vitamin Separates



Vitamin B12-500™ (Also available: 250 and 100 mcg)

This formula delivers 500 mcg potency-protected Vitamin B12 to support your body's basic biochemistry, healthy immune system, and the synthesis of hemoglobin and genetic cellular material.

	Regular	ProCaps Direct
60 Capsules	\$13.90	\$11.90
180 Capsules	\$34.90	\$29.90
360 Capsules	\$64.90	\$54.90
720 Capsules	\$129.90	\$99.90



Vitamin C-500 Complex™

Provides a 500 mg complex of four exceptionally mild forms of Vitamin C, plus naturally occurring citrus bioflavonoids to support numerous body systems while delivering anti-oxidant protection.

	Regular	ProCaps Direct
60 Capsules	\$12.90	\$9.90
180 Capsules	\$29.90	\$24.90
360 Capsules	\$54.90	\$44.90
720 Capsules	\$94.90	\$74.90



Vitamin D3-2000 IU™ (Also available: 1,000 IU, 3,000 IU, 4,000 IU and 5,000 IU). Vitamin D₃ critical for Calcium absorption and essential in the support and maintenance of all bone and skeletal tissues.

	Regular	ProCaps Direct
60 Capsules	\$14.90	\$11.90
180 Capsules	\$37.90	\$29.90
360 Capsules	\$64.90	\$49.90
720 Capsules	\$104.90	\$79.90



Gamma Vitamin E

Our balanced Vitamin E supplement contains a perfect blend of all four unique forms of Vitamin E, with particular emphasis on the major form of Vitamin E found in nature - Gamma Tocopherol.

	Regular	ProCaps Direct
30 Capsules	\$14.90	\$11.90
60 Capsules	\$24.90	\$19.90
180 Capsules	\$59.90	\$47.90
360 Capsules	\$99.90	\$79.90

Other Vitamin Separate products available:

High Potency B-Complex • Vitamin C-500 plus B-Complex Ultimate Gamma Vitamin E™ • Complete Tocotrienols™ Vitamin K-500™ • Vitamin K-2 MK-7 Complex™ • Iron Plus™

Additional Products



Andrew & Muriel's Cookbook Series

In keeping with Andrew's healthful outlook on life and wellness, these cookbooks offer a collection of natural, wholesome and delicious recipes.

	Regular	ProCaps Direct
New! Everyday Eating Cookbook	\$19.90	\$14.90
Healthy Happy Holiday Cookbook	\$17.90	\$13.90
Andrew's Favorite Soups Cookbook	\$14.90	\$11.90
Andrew's Healthy Veggies Cookbook	\$19.90	\$14.90



Andrew's Own Organic Teas

Jasmine Infused Green • Earl Grey Green • Sencha Green Peppermint • Peppermint Green • Egyptian Golden Chamomile Chamomile and Peppermint

	Regular	ProCaps Direct
30 Servings	\$24.90	\$19.90
60 Servings	\$44.90	\$34.90
90 Servings	\$64.90	\$49.90



Night Time™

Provides an appropriate level of Melatonin plus four high quality extracts of nature's most soothing and relaxing botanicals to gently promote rest and sleep.

	Regular	ProCaps Direct
60 Capsules	\$19.90	\$15.90
180 Capsules	\$54.90	\$44.90
360 Capsules	\$99.90	\$79.90

Other products available:

Prostate Support™ • Valerian-250™ • Breath Plus™ Melatonin-3 • Lysine-400™ • Immune Factors™